

No Time To Train

Using the Two Compartment Sink

Lesson Participants: Child Nutrition Assistants

Type of Lesson: Face-to-face training session

Objective: For child nutrition assistants to be able to demonstrate how to accurately use the two compartment sink to scrape, wash, rinse, sanitize, and dry pots, pans and utensils.

Materials Needed:

- Manager's Script
- Pens and Pencils (one for each employee)
- Example Scenario (one for each employee)



Manager's Script:

Using the Two Compartment Sink

Introduction: (2 minutes)

SAY: During the next 10 minutes we will review how to use a two compartment sink. After this training you will be able to identify and demonstrate how to accurately use a two compartment sink to scrape, wash, rinse, sanitize and dry pots, pans, and utensils. A two compartment sink is used when a kitchen does not have a three compartment sink, dish machine, or if the dish machine has broken down. Following the cleaning and sanitizing procedures helps remove microorganisms from items and prevents food borne illnesses.

Steps to Using a Two Compartment Sink: (5 minutes)

SAY: When using a two compartment sink, you need to comply with the following rules:

- First rinse, scrape or soak all items before washing.
- Second, wash items in the first sink in a detergent solution. Use a brush, cloth or scrubber to loosen and remove soil. The water temperature in the first compartment should be at least 110°F. Use a calibrated thermometer to check the water temperature. Replace the detergent solution or fill the sink with new water when the water appears dirty.
- Third, rinse the washed items in the second compartment by either dunking them in clean rinse water or by spraying them. Make sure all traces of food and detergent are removed. The water temperature in the second compartment should also be at least 110°F.
- Complete the washing and rinsing process; drain and clean the second sink. Then use the cleaned second sink to sanitize the items. Prepare the hot water or sanitizing solution as directed below.
- To sanitize the washed and rinsed items, dunk them in hot water in this second sink. If you use hot water to sanitize, the water temperature must be at least 171°F and the items must remain submerged for a minimum of one minute. Check the water temperature with a calibrated thermometer periodically to be sure it is at least 171 degrees F. If you use a chemical sanitizer, the sanitizer must be mixed at the proper concentration. Quaternary Ammonium Compounds must be 200 ppm and Chlorine must be at least 50 ppm with immersion in the sanitizing solution for at least two minutes. The temperature of the water for sanitizing with chemical solutions must to be at least 75 ° F.
- As another way of sanitizing, you may spray the washed and rinsed items with a properly mixed sanitizing solution instead of using the immersion method. Allow the sprayed items to air dry (do not rinse off the sanitizing solution).
- All washed, rinsed and sanitized items should be placed on a clean draining board or draining rack to air dry. Do not stack items until they are dry. Remember drying cloths cannot be used to dry items because they can spread bacteria.

Example Scenario: (3 minutes)

DO: Pass out example scenario, pens and pencils.

SAY: Now we will go over an example scenario. I will pass out the handout. Read the directions and complete the scenario. We will go over it once everyone is done.



Example Scenario

Where does it belong?

Directions: Place the correct words into the compartment they belong.

First Compartment	Second Compartment
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

Drying Rack

Word Bank

- Clean 110°F water
- No cloths
- Rinse
- Detergent solution & 110°F water
- Sanitize
- Brush, cloth, or scrubber
- No stacking cleaned items while wet
- 171°F water
- Chemical Sanitizer
- Wash

FOOD SAFETY AND HACCP TRAINING REPORT

(Complete this report and File in HACCP Section 2-9: Training)

TRAINING TITLE: **No Time To Train: Using the Two Compartment Sink**

DATE: _____
LOCATION: _____
INSTRUCTOR: _____

Training Agenda/Outline is attached: **Yes** **No**

PARTICIPANT NAME	SCHOOL