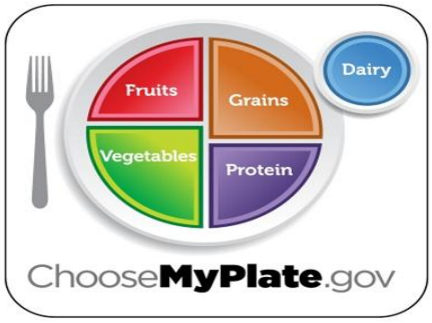
Breakfast

You May Select 3-4 Of The Following Items:

Choice of 1-2 Grains*

Choice of 1-2 Fruits*

Choice of 1 Milk



***may include 1 meat as substitute for grain**

***1 juice allowed**