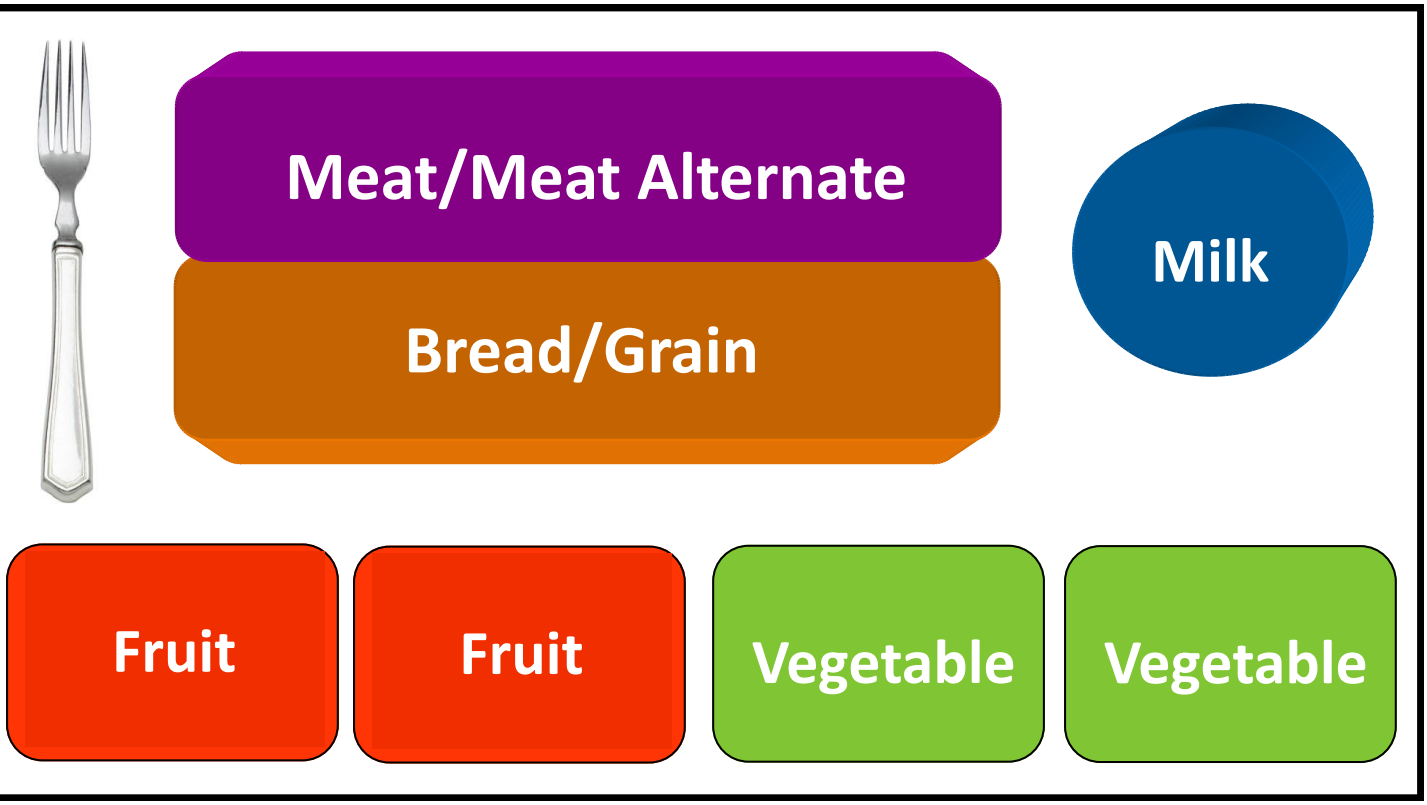
# Student Lunch

## 3 to 7 menu blocks for a complete student lunch




**Must Select 1 fruit *or* vegetable**

**+ 2 or more menu blocks**

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**Student Entrée Salad Lunch**

**( = at least 2 vegetable servings & meat/meat alternate)**

**Add one, some or all of the items below**

**+ crackers or bread of the day**
**+ milk**
**+ 1 *OR* 2 fruit servings**
**= Complete Student Lunch**

**Calorie ranges and portion sizes vary by grade level.**