



# Today's Menu

Must choose at least **one-half cup of fruit or vegetable** and 2 other foods for a complete meal.

## FRUIT CHOICES

May Choose 1

- Applesauce
- Fresh Fruit

## VEGETABLE CHOICES

May Choose 2

- Coleslaw
- Creamed Potatoes

## ENTRÉE CHOICES

May Choose 1

- Chicken Fillet
- Fish Nuggets

## GRAIN CHOICES

May Choose 1

- Hamburger Bun
- Hushpuppies

## MILK CHOICES

May Choose 1

- Skim Flavored or Plain
- 1% Plain