

Families Making the Connection

“School Lunch Snapshot” Showcases How School Lunch Has Changed

Schools in North Carolina and across the country will celebrate National School Lunch Week (NSLW) October 12-16, 2015. The theme, “School Lunch Snapshot,” is all about sharing the best images of school lunch. Schools can celebrate in a variety of creative ways. Follow the campaign on social media: #NSLW, @SchoolLunch and www.facebook.com/TrayTalk.

Ninety-five percent of schools offer the National School Lunch Program (NSLP) serving 30+ million students each day. National School Lunch Week will emphasize the healthy foods offered at schools daily. Many school districts are featuring healthier options, more fruits and vegetables, and chef-inspired recipes. More schools are also serving locally-sourced produce, grains, milk, eggs, meat, poultry and seafood. A healthy lunch gives students the fuel they need to succeed in school.

School meals are a healthy, convenient choice for students and families. Based on new standards, school meals offer more fruits, vegetables, legumes, whole grains, low fat or fat free milk and less sodium and fat in right-size portions for students.

Find NSLW info at www.schoolnutrition.org.

Menus for October 2015

[Insert name of Local Education Agency] Elementary Schools

			Thursday, October 1	Friday, October 2
		 		
Monday, October 5	Tuesday, October 6	Wednesday, October 7	Thursday, October 8	Friday, October 9
Monday, October 12	Tuesday, October 13	Wednesday, October 14	Thursday, October 15	Friday, October 16
Monday, October 19	Tuesday, October 20	Wednesday, October 21	Thursday, October 22	Friday, October 23
Monday, October 26	Tuesday, October 27	Wednesday, October 28	Thursday, October 29	Friday, October 30

October

- National Apple Month
- National Farm-to-School Month
- National Food Day (October 24)
- National School Lunch Week (October 12-16)



Developed by School Nutrition Services, N.C. Department of Public Instruction.
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<http://childnutrition.ncpublicschools.gov>