

North Carolina Child Nutrition Weekly Update



Week of April 7-11, 2014

Issue No. 2014.4-2

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Seamless Summer Option Educational Webinars Scheduled

Interested in serving nutritious meals during summer 2014 under the Seamless Summer Option (SSO)?

If so, you must attend the SSO training. For your convenience, the SSO training is being offered through “GoToMeeting”. You must have internet access and should click on the join meeting link specific for each “GoToMeeting” at least 15 minutes prior to the training. For audio, dial the phone number specific to training, and enter the access code and the meeting ID as prompted. A total of five (5) GoToMeetings have been scheduled. All five trainings will be conducted using the same agenda and PowerPoint presentation but is limited to 24 access lines. The dates and times are as follows:

Monday, April 14, 2014	2:00 P.M. - 3:00 P.M.
Wednesday, April 16, 2014	9:00 A.M. – 10:00 A.M.
Tuesday, April 22, 2014	9:00 A.M. – 10:00 A.M.
Thursday, April 24, 2014	3:00 P.M. – 4:00 P.M.
Friday, May 1, 2014	9:00 A.M. – 10:00 A.M.

****NEW** WEBINAR REGISTRATION**

In response to several inquiries about registering for these webinars we decided to develop a registration at the following link: <https://www.surveymonkey.com/s/P3C7YQW> . REMEMBER...each session is limited to 25 access lines.

Please review the attached for instructions for accessing each meeting. If you have general questions about the training, please contact Cynthia Ervin at 919-807-3505 or via e-mail at cynthia.ervin@dpi.nc.gov and she will respond to your inquiry.

[sso webinars.pdf](#)

Smart Options – Teach the Leader Course Interest Survey

NCDPI, Child Nutrition Services may offer Smart Options - Teach the Leader (formerly Train the Trainer) workshops over the coming year and would like to gauge interest in participating in the workshop. Please complete a brief interest survey to assist us in planning and scheduling these workshops at: <https://www.surveymonkey.com/s/Z2NM8PN>. The survey is scheduled to close on **Tuesday, April 17** by close of business.

What is Smart Options?

Smart Options: School Meals Make a Difference in NC is a continuing education course tailored for Child Nutrition professionals in North Carolina which covers the following key concepts:

- Nutrition and physical activity guidelines
- Child Nutrition regulation requirements
- Methods for serving quality school meals
- Strategies for linking the cafeteria to the classroom with nutrition education
- Marketing school meals
- School wellness

Child Nutrition professionals can take the Smart Options course to meet the nutrition education core requirements for certification with the School Nutrition Association. The Smart Options: School Meals Make a Difference in NC course has recently been updated to reflect changes in school meal regulations, national nutrition and physical activity guidelines, and state academic standards.

Smart Options is designed with both a full ten module course and Teach the Leader workshop. The Smart Options - Teach the Leader workshop will provide instruction and resources for teaching the Smart Options course. Participation in the Teach the Leader workshop is required to teach the Smart Options full course. Individuals who have previously completed the Smart Options - Train the Trainer workshop who wish to receive the updated information are encouraged to attend the Teach the Leader workshop.

NOTE: A PDF of the survey questions is attached for your convenience so that you may review the 4 questions in advance of opening the online survey. Please answer the survey questions online at link provided.

Certified Food Protection Manager (CFPM) Course Registration

NC Safe Plate is a new CFPM course developed jointly by School Nutrition Services Section and North Carolina State University Co-operative Extension. The course will provide instruction and an American National Standards Institute (ANSI) accredited CFPM examination for the Person in Charge (PIC) of a food establishment as specified in Paragraphs 2-102.12(A) and Section 2-102.20 of the NC Food Code Manual.

This course with examination will initially be offered free of charge to a limited number of PIC (i.e. school nutrition managers) as a pilot project on the dates listed below. Participants will be responsible for all related expenses of travel, lodging, meals, and snacks. The two-day course will be taught from 8:30 am to 5:00 pm each day at the locations below. The first day includes instruction based on real world case studies, hands on practice, and discussions to share and learn from everyone's experience and expertise. The second day continues the lessons followed by a review session and the accredited certifying examination. Class size is limited to 20 participants and available only to PICs who are not currently certified or whose certification expires by August 31, 2014.

Please register online at the link below, selecting the dates and locations that fit your schedule.

<http://projects.cals.ncsu.edu/fbns/foodsafety/nc-safe-plates-ncdpi/>

Date	Location
May 12-13	Scotland County Co-operative Extension 231 E Cronly St., Laurinburg, NC 28352
May 19-20	Northampton County Co-operative Extension 9495 NC 305 Hwy, Jackson, NC 27845
May 27-28	Lee County Co-operative Extension 2420 Tramway Rd., Sanford, NC 27332-9174
June 9-10	Haywood County Co-operative Extension 589 Raccoon Rd., Waynesville, NC 28786
June 12-13	Caldwell County Public Library 120 Hospital Avenue, Lenoir, NC 28645
June 16-17	Koury Convention Center Greensboro, NC
June 30 - July 1	Granville County Co-operative Extension 208 Wall St., Oxford, NC 27565
July 17-18	Duplin County Co-operative Extension 165 Agriculture Drive, Kenansville, NC 28349
July 21-22	Rowan County Co-operative Extension 2727 Old Concord Rd., Salisbury, NC 28146
Aug 11-12	Pitt County Co-operative Extension 403 Government Circle, Greenville, NC 27834

SUDIA Summer Meals Grant Application

Attached is an application for the SUDIA Summer Meals Grant. Are you able to put this in the NC weekly?

To qualify, SFA's must meet the following grant guidelines:

1. School District must be hosting the summer feeding program. They can have other sites (i.e., churches, boys and girls clubs, camps, etc.), but district must be supplying the meals.
2. Funding is available for new sites/programs only. Districts with previous summer feeding programs must be expanding the program by adding sites, not just number of days/students.
3. District must be able to use purchased equipment during the school year, not just summer feeding- for example, carts and cooler bags for EB or Afterschool snacks.

Please submit your completed applications by June 1, 2014, to: Debbie McKenzie, Southeast United Dairy Industry Association (SUDIA): via email: dmckenzie@sedairy.org, or fax: 919.882.9514. Questions? Email or call Debbie at 919.621.7267

sudia app.doc

Team Nutrition Popular Events Idea Booklet

Are you looking for fun ways to promote nutrition and physical activity at your elementary or middle school? If so, download the Team Nutrition Popular Events Idea Booklet at: <http://www.fns.usda.gov/tn/popular-events-booklet> to get started!

This free events booklet has:

- Ideas for 20 themed events, large and small
- Spotlights of real-life events at Team Nutrition schools
- Handouts, templates, and other free resources to support events
- Ways to team up for success
- Connections for school, home, cafeteria, classroom, community, and media

This summer, free printed copies of the booklet will be available to schools that participate in the National School Lunch Program.

Weekly Q&A – Nutrient Analyses

QUESTION: When are March Nutrient Analyses due? What do I have to submit to my Nutrition Specialist?

ANSWER: The purpose of the NC required twice-yearly analysis is to determine on-going compliance with regulatory requirements for nutrient content of school meals, and to monitor levels of these dietary components. Nutrient Analyses are due on or before **April 15th**.

1. The analysis must be a weighted analysis of menus for each full week of meal service in March. (you will see a weighted analysis at the end of each week)
2. Select one distinct menu from each grade group served in the SFA for each full week in March.
3. The analysis is required for lunch menus as planned.
4. Conduct the analysis using planned numbers for menu items. To make this simple, pull the Production Records planned for March by the last day in February. Again, the completed analyses for March menus are due April 15.
5. The Summary report of the analysis must show values for the following nutrients:

*Calories *Protein *Calcium *Iron *Vitamin C *Vitamin A *Total fat *Saturated fat *Trans fat
*Sodium

Targets do not need to be set in the analysis software (if it allows them to do so) for the following nutrients: Protein, calcium, Iron, Vitamin A, Vitamin C, total fat, and sodium (until required sodium target levels kick in).

Target values should be set in the analysis software for: Calorie range, Saturated Fat, Trans Fat.

For the 13-14, 14-15, and 15-16 school years the analysis of breakfast menus is voluntary. Though voluntary, analysis of breakfast menus, is strongly encouraged as a Best Practice, and is a good management tool for ensuring compliance with new Dietary Specifications for those meals. Do not forget that breakfast menus will be analyzed as part of the new Administrative Review, and all Dietary Specifications must be in compliance with USDA requirements.

Should you have questions regarding the download and transport of data, we suggest contacting your software provider. Additional questions about the nutrient analysis should be directed to your Nutrition Services Child Nutrition Consultant.

April NC Farm to School Newsletter

Please find the link to the April NC Farm to School newsletter below. This month features the winner of the apple mascot naming contest, a nutrition education success story from a North Carolina school, information about upcoming Farm to School Coalition of NC stakeholder meetings, what is in the NC Farm to School truck this month, and information about a local grower.

Link: <http://www.ncfarmtoschool.com/htm/newsletter/documents/2014AprilFTSNewsletter.pdf>

For questions about the newsletter or NC Farm to School, please contact:

Heather Barnes

Marketing Specialist

NCDA&CS

919-707-3127

heather.barnes@ncagr.gov

Vacancy Announcement – Gaston County Schools

SFA Name: Gaston County Schools

Position Title: School Nutrition Area Coordinator

Closing: Open until filled.

How to Apply: See the attached vacancy announcement for application instructions and additional details about the position.

[gaston area coordinator.pdf](#)

SP 28-2014 – Paid Lunch Equity: Guidance for School Year 2014-15

USDA has released the requirements that must be met by the School Food Authority (SFA) in order for the

State Agency (SA) to approve a waiver from the Paid Lunch Equity (PLE) for the SY 2014-2015. The requirements are included in the attached policy memo SP 28-2014 which was released on March 20, 2014.

In order for the SA to approve a waiver, the SFA must have a minimum of three months operating balance and meet several other qualifications. The other qualifications have been included in the "PLE Waiver" document attached. A completed "PLE Waiver" and official letter must be submitted to the SA.

The SA will officially notify the SFA upon approval or denial of the waiver request. If the SA is unable to approve the waiver, the SFA will be required to increase the paid lunch prices or receive non-federal funds in lieu of based on the completed SY 14-15 PLE tool.

Any questions regarding the PLE Waiver should be submitted to Janet Johnson at janet.williamsjohnson@dpi.nc.gov

sp-28-2014.pdf (Paid Lunch Equity: Guidance for School Year 2014-15)
ple waiver.docx

SP 29-2014 – School Breakfast and Smart Snacks Waivers

USDA recently released policy memo SP 29-2014 to notify State Agencies (SA) and School Food Authorities (SFAs) that there will be no waivers for the School Breakfast (SBP) and Smart Snack requirements that become effective July 1, 2014. The Consolidated Appropriation Act, 2014 (P.L 113-76) included language that directed the USDA to establish a process that would allow State agencies to grant waivers for the 2014-2015 School to any local education agency (LEAs) unable to implement the forthcoming Smart Snack interim final rule and/or SBP requirements without incurring increased costs. USDA's Office of the General Counsel has confirmed that the USDA is prohibited by Federal law from waiving these regulations or authorizing State agencies to grant waivers.

Please continue to prepare for the implementation of both the breakfast changes and Smart Snack requirements that go into effect July 1, 2014.

sp-29-2014.pdf - Consolidated Appropriations Act Report Language on Waivers for School Breakfast and Smart Snacks

Farm to School in North Carolina – An Opportunity to Provide Input

The Farm to School Coalition of North Carolina received a USDA Farm to School grant to develop a database of Farm to School contacts in the state, host regional stakeholder meetings, hold a state Farm to School conference and develop a strategic plan to advance Farm to School efforts in the state. A stakeholder meeting will be held in each of the eight educational regions in the state. You have an opportunity to get involved starting with the first two stakeholder meetings scheduled for Friday, April 4 in Boone and Thursday, April 10

in Asheville. Teachers, Child Nutrition staff, school administrators, public health professionals, and anyone else working to teach children about local food and farms are welcome to attend.

The purpose of the stakeholder meetings are to share details of the USDA grant awarded to the coalition, collect information on individuals and resources that could be listed in a new statewide Farm to School directory, and glean input regarding the strategic planning process and content. Please see attached flyers for info regarding the two upcoming stakeholder meetings. Details regarding additional upcoming stakeholder meetings will be shared once available.

[f2s-asheville.pdf](#)

[f2s-boone.pdf](#)

2014-15 Every Kid Healthy Week: Action for Healthy Kids - April 21-25, 2014

Schools nationwide have implemented wellness initiatives to promote and reinforce healthy eating, physical activity, nutrition education, and physical education in order to increase student achievement. Action for Healthy Kids will be recognizing Every Kid Healthy Week on April 21-25, 2014. During the observance and throughout the month of April, we will work with schools across the country to host Every Kid Healthy events that celebrate the sustainable changes they've made to encourage students to eat better and be active every day.

Every Kid Healthy events help to promote the great work schools are doing through various school wellness programs. From hosting family health fair nights, renovating school play grounds, painting healthy murals on schools, working in the school garden, or providing taste tests; schools nationwide have taken advantage of hosting Every Kid Healthy events to bring together school members, parents, families, and community members to roll-up their sleeves and get involved to promote & showcase their school wellness programs. For additional information click here:

http://www.actionforhealthykids.org/storage/documents/teams/admin_docs/EKH_Week_handout.pdf

Every Kid Healthy Schools implementing an Every Kid Healthy Week event can share their story by filling out this quick survey: <https://www.surveymonkey.com/s/MWCQTWS>

Grant Opportunities

We have received information on several grant opportunities available to SFAs. Please review the attached for information about the following grants:

- **2015 Farm to School Grant Program**
- **Winston Industries Equipment Award Grant**

- 2014-15 School Grants for Healthy Kids
- School Breakfast Program Pilot and/or Expansion
- Universal School Breakfast Pilot

[grant opps.pdf](#)

Vacancy Announcement – Stokes County Schools

SFA Name: Stokes County Schools
Position Title: Child Nutrition Director
Closing: April 18, 2014

How to Apply: Anyone interested should submit cover letter and resume to Melisa Jessup, Executive Director of Human Resources, Stokes County Schools, melisa.jessup@stokes.k12.nc.us. Please review the attached vacancy announcement for application instructions and additional details about the position.

[stokes cnd.pdf](#)

Vacancy Announcement – North East Carolina Preparatory School

SFA Name: North East Carolina Preparatory School
Position Title: Child Nutrition Director
Closing: April 18, 2014

How to Apply: Please review the attached vacancy announcement for application instructions and additional details about the position.

[necp cnd.pdf](#)

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can't, try again...you just might
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Mark Your Calendar

April 10 (Thursday)	Deadline for Submitting Claim for Reimbursement (for March 2014)
April 15 (Tuesday)	Fresh Fruit & Vegetable Claim for Reimbursement Deadline (for March 2014)
April 15	Nutrient Analysis of March menus due (for Traditional Public Schools and Charter Schools)
April 18	Good Friday (State Office Closed)
April 21-25	Every Kid Healthy Week
May 2	School Lunch Hero Day
May 5-9	School Nutrition Employee Week
**May 10 (Sunday)	Deadline for Submitting Claim for Reimbursement (for April 2014)
May 15 (Thursday)	Fresh Fruit & Vegetable Claim for Reimbursement Deadline (for April 2014)
May 26	Memorial Day (State Offices Closed)
June 10 (Tuesday)	Deadline for Submitting Claim for Reimbursement (for May 2014)
**June 15 (Sunday)	Fresh Fruit & Vegetable Claim for Reimbursement Deadline (for May 2014)
June 18-19, 2014	SNA-NC Annual Conference (Koury Convention Center, Greensboro, NC)

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