

North Carolina Child Nutrition Weekly Update



Week of March 3-7, 2014

Issue No. 2014.3-1

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TRP

Becoming the
Totally Responsible
Person

TRP Resources, Press & Downloads

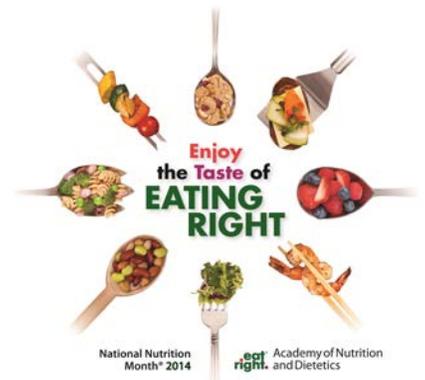
Interested in TRP resources that you can share with your co-workers, staff, family or friends? Visit the TRP website at the <http://www.trpnet.com/promotional-support-docs/> where you will find excellent resources that may be downloaded for printing or emailing.

Find the Nine Foundational Principles and a host of other information and

If It's March, It's National Nutrition Month

March is National Nutrition Month. This year's theme is *"Enjoy the Taste of Eating Right"*.

While social, emotional and health factors play a role in the foods adults and children choose to eat, the foods we enjoy are the ones we eat most. Taste tops nutrition for influence on consumer food choices. That is why, as part of National Nutrition Month 2014®, the Academy of Nutrition and Dietetics encourages everyone to "Enjoy the Taste of Eating Right."



Each March, the Academy encourages everyone to return to the basics of healthful eating through National Nutrition Month. This year's theme focuses on combining taste and nutrition to create healthy meals that follow the recommendations of the 2010 Dietary Guidelines for Americans. School nutrition programs across the state are committed to preparing and offering safe, wholesome, nutritious, appealing meals in North Carolina's schools, exemplifying that taste and nutrition can go hand in hand.

Have fun celebrating National Nutrition Month in your schools! The Academy's National Nutrition Month website, www.eatright.org/nnm, includes a variety of helpful tips, including strategies for schools, games, promotional tools and nutrition education resources, all designed to spread the message of good nutrition based on the "Enjoy the Taste of Eating Right" theme.

Registered Dietitian Nutritionist (RDN) Day

The second Wednesday of each March is celebrated as "Registered Dietitian Nutritionist Day." This year Registered Dietitian Nutritionist (RDN) Day will be celebrated March 12. If you have a RDN on your staff or know one, recognize their efforts to support healthy eating and improve health. Resources and more info are available at www.eatright.org/nnm.



What special activities are you planning for National Nutrition Month (NNM), Registered Dietitian Day and School Breakfast Week (SBW) which was this week March 3-7?

We want to see what you are doing in your schools to recognize National School Lunch Week, School Breakfast Week and Registered Dietitian Day. Tell us about your creative ideas and activities, send photos and other resources so that we may put the spotlight on the many ways North Carolina schools are recognizing these important events.

Please send all information to Donna Knight at donna.knight@dpi.nc.gov

Policy Memo – SP 25-2014

SP 25-2014, FD 133-2014 entitled, School Food Authorities (SFAs) Purchasing Produce from U.S. Department of Defense (DoD) Vendors Using Section 4 and 11 or Fresh Fruit and Vegetable Program (FFVP) Funds, is attached for your review. This policy memo has been distributed by NCDA&CS and they are prepared to take any questions you may have.

[sp-25-2014.pdf](#)

Certified Food Protection Manager (CFPM) Educational Opportunities

NC Safe Plate is a new CFPM course developed jointly by School Nutrition Services Section and North Carolina State University Co-operative Extension. The course will provide instruction and an American National Standards Institute (ANSI) accredited CFPM examination for the Person in Charge (PIC) of a food establishment as specified in Paragraphs 2-102.12(A) and Section 2-102.20 of the NC Food Code Manual.

This course with examination will initially be offered free of charge to a limited number of PIC (i.e. school nutrition managers) as a pilot project on the dates listed below. The two-day course will be taught from 8:30 am to 5:00 pm each day at the locations below. Participants will be responsible for all related expenses of travel, lodging, meals, and snacks. The registration details will be announced in a future Child Nutrition Weekly Update so that CN Administrators may share the course information with managers needing to become a CFPM. Class size is limited and available only to PICs who are not currently certified or whose certification expires by August 31, 2014.

Date	Location	Address
May 12-13	Scotland County Co-operative Extension	231 E Cronly St Laurinburg, NC 28352
May 19-20	Northampton County Co-operative Extension	9495 NC 305 Hwy Jackson, NC 27845
May 27-28	Lee County Co-operative Extension	2420 Tramway Rd Sanford, NC 27332-9174
June 9-10	Haywood County Co-operative Extension	589 Raccoon Rd Waynesville, NC 28786
June 12-13	Caldwell County Public Library	120 Hospital Avenue Lenoir, NC 28645
June 16-17	Greensboro Location TBA	
June 30-July 1	Granville County Co-operative Extension	208 Wall St Oxford, NC 27565
July 17-18	Duplin County Co-operative Extension	165 Agriculture Drive Kenansville, NC 28349
July 21-22	Rowan County Co-operative Extension	2727 Old Concord Rd Salisbury, NC 28146
Aug 11-12	Pitt County Co-operative Extension	403 Government Circle Greenville, NC 27834

Calling All Young Chefs: The 2014 Healthy Lunchtime Challenge is Here

First Lady Michelle Obama is again teaming up with the U.S. Department of Education, the U.S. Department of Agriculture, and Epicurious to host a nationwide recipe challenge to promote cooking and healthy eating among America's youth. We're inviting parents or guardians and their children, ages 8-12, to submit an original lunch recipe that is healthy, affordable, and tasty, with the opportunity to be invited to attend a [Kids' "State Dinner"](#) here at the White House where a selection of the winning healthy recipes will be served.



For more information about the Healthy Lunchtime Challenge and to submit a recipe visit: <http://www.recipechallenge.epicurious.com/>

Don't forget to use USDA's [MyPlate](#) as a resource to make sure your recipe meets the healthy standards incorporated into the MyPlate icon. Entries should represent each of the food groups, either in one dish or as parts of a lunch meal, including fruits, vegetables, whole grains, lean proteins and low-fat dairy foods, with fruits and veggies making up roughly half of the plate or recipe.

You've got until April 5th to submit your recipe, so head into the kitchen and get cooking! We can't wait to see all of the nutritious and delicious recipe creations you come up with!

What's New on the Web?

Mark Your Calendar

The home page of the Child Nutrition website has been updated with important dates for March 2014. View at: <http://childnutrition.ncpublicschools.gov/>

2013-14 Lunch Meal Prices

The Lunch meal prices have been posted on the Financial Management page. The prices are separated by LEA and by Region. View at: <http://childnutrition.ncpublicschools.gov/front-page/information-resources/financial-management>

Special Diet/Food Allergy Page

The Special Diet/Food Allergy page has been restructured for easier navigation and includes some new resources: The following new resources have been added:

1. Link to Centers for Disease Control and Prevention: Adolescent and School Health – Food Allergies in Schools
2. Link to Centers for Disease Control: Food Allergies Publications and Resources
3. Link to NFSMI – Special Needs Online Courses
4. Food Allergy Fact Sheets
5. (PowerPoint) Texture Modified Diets: Preparing Pureed and Mechanical Soft Foods
6. Link to Managing Food Allergies in the School Setting video

View at: <http://childnutrition.ncpublicschools.gov/front-page/information-resources/special-diet-food-allergies>

March NC Farm to School Newsletter

The NC Farm to School newsletter for March has been posted online at:

<http://www.ncfarmtoschool.com/htm/newsletter/documents/2014MarchFTSNewsletter.pdf>. Find information about the National Farm to School Conference, USDA Farm to School grant opportunities and learn about NC peanuts. As always, please share with anyone who may be interested and be sure to tell them how you are supporting farm to school!

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Vacancy Announcement – Randolph County

Randolph County Schools has an opening for a Child Nutrition Supervisor. Please review the attached vacancy announcement for details about the position and application instructions.

[randolph supvr.pdf](#)

****REMINDER** Announcing Community Eligibility Provision Webinars**

The Child Nutrition Services section will conduct four webinars to discuss the new Community Eligibility Provision (CEP). The webinars will provide:

- details about the CEP and its impact on school nutrition programs around the country
- requirements for participating in the CEP
- data elements required to complete the CEP navigator
- timeline for making CEP decisions

Webinars will be limited to **50** participants each in order to allow for interactive Questions/Answers. We will send notifications as the webinars fill.

Webinars are scheduled for the following dates. To register for a session click on the date/time that you prefer to attend or copy and paste the link into your browser.

- **Friday, March 14, 2014 (9:30 AM - 10:30 AM)**
<https://www1.gotomeeting.com/register/512660241>
- **Friday, March 14, 2014 (1:30 PM - 2:30 PM)**
<https://www1.gotomeeting.com/register/778589737>

- **Friday, March 21, 2014 (9:30 AM - 10:30 AM)**
<https://www1.gotomeeting.com/register/815298488>
- **Friday, March 21, 2014 (1:30 PM - 2:30 PM)**
<https://www1.gotomeeting.com/register/856945513>

Once registered you will receive an email confirming your registration with information you need to join the Webinar.

SNA-NC Region 7 Meeting Invitation

The Annual District 7 SNA-NC meeting is scheduled for **March 28, 2014**. Please review the attached invitation for details about the meeting. Should you have any questions please contact Stacey Southern, SNA-NC District 7 Director at 336-751-3866 or southern@southern.k12.nc.us.

[sna-nc reg 7 mtg.pdf](#)

****REMINDER** 2014 Best Practices Awards**

The US Department of Agriculture has announced the Twenty First Annual Best Practice Awards in the National School Lunch Program (NSLP), School Breakfast Program (SBP) and Food Distribution Program (FDP). The purpose of this program is to encourage and reward outstanding practices in schools and in School Food Authorities (SFAs) in the Southeast Region Please review the attached Best Practice Awards information for 2014. **All nominations are due on or before 5:00 p.m. on Tuesday, March 11, 2014.** Electronic documents or fax transmissions will not be accepted. Please review the attached document for entry details and criteria along with the nomination entry forms.

All entries should be sent or delivered to:

**North Carolina Department of Public Instruction
Child Nutrition Services Section
6324 Mail Service Center
Raleigh, NC 27699-6324
Attention: Pat Brafford**

Should you have any questions please contact your Regional Consultants.

[2014 best practice award.doc](#)

Mark Your Calendar

Month of March.....	National Nutrition Month
March 10 (Monday)	Deadline for Submitting Claim for Reimbursement (for February 2014)
March 11	Best Practice Award Nominations Deadline for Submission to NCDPI
March 12	Registered Dietitian Nutritionist Day
March 13	Region 5 Policy Update Meeting
**March 15 (Saturday)	Fresh Fruit & Vegetable Claim for Reimbursement Deadline (for February 2014)
April 10 (Thursday)	Deadline for Submitting Claim for Reimbursement (for March 2014)
April 15 (Tuesday)	Fresh Fruit & Vegetable Claim for Reimbursement Deadline (for March 2014)
April 18	Good Friday (State Office Closed)
May 2.....	School Lunch Hero Day
May 5-9.....	School Nutrition Employee Week
**May 10 (Sunday).....	Deadline for Submitting Claim for Reimbursement (for April 2014)
May 15 (Thursday)	Fresh Fruit & Vegetable Claim for Reimbursement Deadline (for April 2014)
May 26	Memorial Day (State Offices Closed)

**When a deadline/due date falls on a weekend or holiday.

1. When the 10th of the month falls on a weekend or holiday the deadline for submitting the claim for reimbursement is the next business day which is usually Monday. In the event that the following Monday is a holiday then the deadline moves to the next business day.
2. **REMEMBER**...the CN Technology system is programmed to flag any claim for reimbursement that is submitted after the 10th with the "10 day" error message (Error Code 1401). The system does not differentiate a week day from a week end day. The NCDPI Child Nutrition section and the Claims section are fully aware of this and the Claims department will automatically override that error message for any claims submitted in this time period. *It is not necessary to contact the Child Nutrition office when you receive the error message in this situation.*
3. If a claim for reimbursement is submitted after the 10th for any other reason, you must contact the NCDPI Child Nutrition office.
4. This also applies to the Fresh Fruit and Vegetable Program for which the claim for reimbursement is due on the 15th of each month.

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Under the Federal Child Nutrition Program and USDA policy, discrimination is prohibited under the basis of race, color, national origin, sex, age or disability.

If you wish to file a Civil Rights complaint of discrimination, complete the USDA Program Discrimination Complaint Form, found online at http://www.ascr.usda.gov/complaint_filing_cust.html, or at any USDA office, or call (866) 632-9992 to request the form. You may also write a letter containing all of the information requested in the form. Send your completed complaint form or letter to us by mail at U.S. Department of Agriculture, Director, Office of Adjudication, 1400 Independence Avenue, S.W., Washington, DC 20250-9410, by fax (202) 690-7442 or email at program.intake@usda.gov. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339; or (800) 845-6136 (Spanish). USDA is an equal opportunity provider and employer."