

North Carolina School Nutrition Weekly Update



Week of July 7-11, 2014

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In this Issue:

- *Determining Eligibility for Free and Reduced Price Meals Webinars*
- *Q&A – Community Eligibility Provision (CEP) and Determining Eligibility Webinar*
- *Time as a Public Health Control (TPHC) Continuing Education Webinar PPT [1 Attachment]*
- *Breakfast Meal Pattern and OVS [2 Attachments]*
- *Fuel Up to Win the Race to the Top: A School Nutrition e-learning course*
- *What's New on the Web?*
- *Q&A – Online Application Packet Checklist Summary*
- *Q&A – Nuts and Seeds and Meat/Meat Alternates*
- *Q&A – Enriched Breaded Products*
- *Q&A – Cold Salad Bar Vegetables and Time As a Public Health Control*
- *Letter from the Deputy Under Secretary of Agriculture [1 Attachment]*
- *Smart Snacks NC Question and Answers [1 Attachment]*
- *Annual School Nutrition Administrator Conference*
- *Healthier US School Challenge Application Deadline Extended*
- *Smart Options - Teach the Leader*
- *Vacancy Announcements [1 Attachment]*
- *Mark Your Calendar*

Have Questions? Need Assistance?

Please remember to always contact your regional consultants first for any questions or assistance unless directed otherwise.

Determining Eligibility for Free and Reduced Price Meals Webinars

Please join us as we provide training on determining eligibility for free and reduced price meals on July 22, 2014 at 1:00 pm - 3:00 pm OR on August 6, 2014 at 10:00 am - 12:00 pm. Any School Nutrition staff may attend, however the training is specifically designed for School Nutrition Administrators and staff that are involved in the processing of free and reduced-price meal applications. To join the webinar, please register at the links below.

Tuesday, July 22, 2014

<https://www1.gotomeeting.com/register/438455128>

Wednesday, August 6, 2014

<https://www1.gotomeeting.com/register/860808929>

Q&A – Community Eligibility Provision (CEP) and Determining Eligibility Webinar

QUESTION: My SFA will implement CEP in the 2014-15sy. Do I need to participate in the Determining Eligibility for Free and Reduced Price Meals webinar?

ANSWER: If your district is implementing CEP in all schools and free/reduced-price meal applications and/or other eligibility determinations will not be processed by the SFA, then you are not required to attend the webinar. You are of course welcome to attend the training, but it is not required.

IMPORTANT NOTE: Only the SFAs that will implement CEP in all of their schools are not required to attend the webinar. SFAs implementing CEP in some of the schools in the district, but not all, or not Implementing CEP at all should plan to attend the webinar.

Should you have additional questions please contact your regional consultant.

Time as a Public Health Control (TPHC) Continuing Education Webinar PPT

The PowerPoint from the Time as a Public Health Control (TPHC) webinar is attached. Should you have any questions please contact your Susan Thompson at susan.thompson@dpi.nc.gov or your consultant.

[thpc.pdf](#)

Breakfast Meal Pattern and OVS

The Breakfast Meal Pattern and the Offer vs. Serve have been updated to include the required changes for the 2014-15 school year. Please review and proceed accordingly.

[idecline.pdf](#)

[whatsforfast.pdf](#)

Fuel Up to Win the Race to the Top: A School Nutrition e-learning course

We are excited to provide an online learning opportunity for School Nutrition Administrators and staff. Visit <http://ncsnel.org/> and log on with your name and email address to access a variety of important continuing education topics such as meal pattern, offer versus serve, merchandising, food preparation, production records and more! Remember to print the certificates as you complete each module to file for professional development or continuing education credits for the School Nutrition Association certification.

What's New on the Web?

2014-15 Income Eligibility Guidelines

<http://childnutrition.ncpublicschools.gov/front-page/information-resources/eligibility>

School Nutrition Staff Directory

<http://childnutrition.ncpublicschools.gov/who-we-are/directories/staff-directory>

2014-15 Nutrition Analysis Export and Ingredient Files (Procurement Alliance page)

<http://childnutrition.ncpublicschools.gov/procurement-alliance>

2014-15 Catering Contract Templates

<http://childnutrition.ncpublicschools.gov/front-page/information-resources/contracts>

Q&A - Online Application Packet Checklist Summary

QUESTION:

The Checklist Summary section of the on-line Application Packet requires submission of documents before the online renewal application can be approved in the School Nutrition Technology System (SNTS). Which documents should be mailed and which documents can be uploaded?

ANSWER:

The Checklist Summary list of documents is generated by the answers provided on the SFA and site applications in the SNTS. For those documents that require a signature, the SFA must mail a hard copy with original signatures to the NCDPI School Nutrition Services Section for approval by the Compliance Consultants. Examples of these documents include the signature page from the annual agreement, the local wellness responsibility document and the attestation form. These documents may also be uploaded, but will not be approved until the original hard copy document is received.

The free and reduced-price (F&R price) meal application is also a checklist item that must be approved by the NCDPI School Nutrition Services (Katie Chatman or Sydnee Wheeler) prior to printing or distributing to

households and before the on-line renewal application may be approved. An e-mail is sent to the SFA when the F&R price meal application has been approved with a PDF version of the document. The PDF version should be uploaded as attachment in the SNTS.

All waivers must be approved by Dr. Harvey; these may be attached in the SNTS (be sure to sign the waiver request that is attached). All other documents, such as the edit check, verification plan, snack roster, etc. may be uploaded by the SFA and approved by the Regional Consultant. Upload of documents expedites the application approval process and retains documents for easy access during technical assistance or administrative reviews. Uploaded documents also save space and reduce use of paper.

If you have questions about which documents to upload for the Checklist Summary, contact your Regional Consultant for assistance.

Q&A – Nuts and Seeds as Meat/Meat Alternates

QUESTION: Nuts and seeds are limited to no more than 50% of the Meats/Meat Alternates (M/MA) requirement and must be served in combination with another M/MA. Is peanut butter or other nut butters subject to the same limitation?

ANSWER: No, nut and seed *butters* may provide 100% of the M/MA component. Only nuts and seeds are limited to no more than 50% of the requirement and must be served in combination with other meats/meat alternates (M/MA). For example: A peanut butter and jelly sandwich does not need to be paired with any other M/MA to meet the requirement to be fully creditable. However, other M/MA may be paired with it if additional M/MA is needed to meet the weekly minimum. Alternately, additional M/MA must be offered with sunflower seeds since the 50% limitation applies for all nuts and seeds.

If you have additional questions please contact your Nutrition Services Consultant.

Q&A - Enriched Breaded Products

QUESTION: Some breaded combination products containing meats/meat alternates and grain are made using enriched flour. May these enriched breaded products (i.e. chicken chunks or patties) be served if the grain is not counted for component crediting?

ANSWER: Yes, you may count only the M/MA portion of breaded combination items made with enriched flour. It is important to note that grain items made with enriched or refined grains that do not meet the whole grain-rich criteria are not creditable toward the grains component. The breading would be considered an “extra” and contributions to the dietary specifications (calories, sodium, saturated fat and trans-fat) must be included in the nutrient analysis of the menu. Of course any grain used to count toward the grain

component must be whole grain-rich (other than enriched pasta served according to an approved waiver).

It is not recommended to edit or add items to an existing bid as this information is subject to change; USDA has indicated that Memorandum SP10-2012 is being revised to address this question. In addition, menu planners should refrain from offering these extra grains on breaded products often, if at all, as they may exceed the established weekly calorie and sodium limits. Remember, the meal pattern and the weekly grain ranges serve as a guide for offering age-appropriate meals. In addition, adding enriched breaded products may prove confusing to students and cashiers when the menu is planned by including creditable grains for some products and not being able to credit grains at other times; consistency in menu planning is highly recommended to avoid meal identification errors at the point of service.

If you have additional questions please contact your Nutrition Services Consultant.

Q&A – Cold Salad Bar Vegetables and Time As a Public Health Control

QUESTION: Can all cold salad bar vegetables be listed on the same Time as a Public Health Control (TPHC) form even when preparation may be different for various types (i.e. some are sliced fresh while others are simply removed from the can)?

ANSWER: You could attach a list all items included on the salad bar to the TPHC form as long as everything on the salad bar would be discarded at the end of the specified time period. In that case, labeling one place on the salad bar with the discard time for all items would be acceptable.

Recipes should detail how each item on the salad bar is prepared; therefore, include the recipe number along with the name of the menu item/recipe name that will be included on the salad bar on the attached listing to the TPHC form so that anyone would have a distinct reference to the exact ingredients and preparation methods for all items offered on the bar.

If you have additional questions please contact your Nutrition Services Consultant.

Letter from the Deputy Under Secretary of Agriculture

Attached please find a letter from Dr. Janey Thornton, dated June 27, 2014, addressed to school nutrition professionals/colleagues. This letter thanks School Nutrition Personnel for their hard work and dedication in implementing the new meal standards, asking for continued support, and pledging ongoing technical assistance and flexibility from USDA.

[janey thornton ltr.pdf](#)

Smart Snacks NC Questions and Answers

We have received several questions in response to the Memorandum to Superintendents, Finance Officers and School Nutrition Administrators addressing the “Smart Snacks Interim Final Rule.” Each week, we will compile and respond to your questions pertaining to the implementation of the Smart Snacks rule, including the nutrition standards, via the School Nutrition Weekly Update. The attached is the first round of Q&As. Look for more next week.

If you have questions, or would like further clarification of any of the questions previously addressed, please send the questions to your School Nutrition Regional Consultant or your Regional Nutrition Specialist.

[smart snacks q&a 7-3-2014.pdf](#)

Annual School Nutrition Administrator Conference

The Annual School Nutrition Administrator Conference will be held on October 22-24, 2014 at the Sheraton Hotel and Convention Center, 4700 Emperor Blvd., Durham, NC. Additional information will be forthcoming by September.

Healthier US School Challenge Application Deadline Extended

FNS is extending the deadline for the HealthierUS School Challenge under the current criteria until **August 30, 2014**. Complete HUSSC applications that will be considered under the old criteria must be postmarked, emailed, entered electronically, or hand delivered to the State Agency on or before Saturday, August 30th. For those applications actually received by the State Agency after close of business on Friday, August 29th, the postmarked date should be documented on the application cover sheet.

Smart Options - Teach the Leader

This workshop is tentatively planned for August 4 from 8:30 AM to 1:00 PM in the Raleigh vicinity. Watch for the registration announcement that will be sent from McKimmon Center soon. The workshop will offer the information and resources required for teaching *Smart Options: School Meals Make a Difference in NC*, an approved School Nutrition Association (SNA) certification course. *Smart Options*, from the N.C. Department of Public Instruction, School Nutrition Services, is a continuing education course tailored for school nutrition professionals in North Carolina that covers nutrition and physical activity guidelines, school nutrition regulations, methods for serving quality school meals, strategies for linking the cafeteria to the classroom with nutrition education, ways to market school meals, and school wellness. Smart Options was developed with assistance and review from an advisory committee of school nutrition administrators from across North Carolina. The curriculum is tailored to our state and features local school success stories.

Vacancy Announcements

SFA Name: Cabarrus County Schools

Position Title: Child Nutrition Field Supervisor

See the attached vacancy for details and instructions for applying.

[cabarrus supvsr.pdf](#)

Mark Your Calendar

July 13-16.....	SNA Annual National Conference (Boston)
August 4.....	Smart Options Teach the Leader (McKimmon Center)
August 10 (Sunday)	Deadline for Submitting Claim for Reimbursement (for July 2014)
August 30.....	Deadline for Healthier US School Challenge Application
September 4	Region 1 Policy Update
September 9	Region 7 Policy Update
September 10 (Wednesday)	Deadline for Submitting Claim for Reimbursement (for August 2014)
September 10	Region 3 Policy Update for Charter Schools/RCCIs
September 11	Region 2 Policy Update
September 12	Region 5 Policy Update
September 12	Region 6 Policy Update
September 15 (Monday)	Fresh Fruit & Vegetable Claim for Reimbursement Deadline (for August 2014)
September 18	Region 3 Policy Update for LEAs
September 18	Region 4 Policy Update
September 19	Region 8 Policy Update

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Under the Federal Child Nutrition Program and USDA policy, discrimination is prohibited under the basis of race, color, national origin, sex, age or disability.

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