

North Carolina

# School Nutrition Weekly Update

February 24, 2015

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## ***Memorandum of Agreement – Career and Technical Education***

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The 2014 – 2015 Memorandum of Agreement between the School Nutrition Services Section and the Career and Technical Education Division has been fully executed. Please cooperate with your local CTE Director to comply with the terms of the agreement. Thank you. If you have questions, please contact your Regional School Nutrition Consultant. [CLICK HERE to download 2014-15 MOA-CTE](#)

## ***2015 Dietary Guidelines Advisory Committee Report Posted***

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This announcement was posted on February 19 by USDA. The link will give you access to the report and the opportunity to submit written comments through April 8, 2015.

### **2015 Dietary Guidelines Advisory Committee Submits Report**

#### ***HHS, USDA Now Begin Process of Developing Updated Guidelines; Public Comments Sought***

WASHINGTON, Feb. 19, 2015 – The 2015 Dietary Guidelines Advisory Committee, a group of prestigious outside experts, submitted its recommendations to Health and Human Services Secretary Sylvia Burwell and Agriculture Secretary Tom Vilsack, in order to inform the 2015 edition of the Dietary Guidelines for Americans.

Today, the Secretaries have released the advisory committee's recommendations report online, making it available for public review and comment. The U.S. Departments of Health and Human Services (HHS) and Agriculture (USDA) will consider this report, along with input from other federal agencies and comments from the public as they develop the Dietary Guidelines for Americans, 2015, to be released later this year.

"For decades, the Dietary Guidelines for Americans have been at the core of our efforts to promote the health and well-being of American families," said Secretaries Burwell and Vilsack in a joint statement. "Now that the advisory committee has completed its recommendations, HHS and USDA will review this advisory report, along with comments from the public-including other experts- and input from other federal agencies as we begin the process of updating the guidelines."

The public is encouraged to view the independent advisory group's report and provide written comments at [www.DietaryGuidelines.gov](http://www.DietaryGuidelines.gov) for a period of 45 days after publication in the Federal Register. The public will also have an opportunity to offer oral comments at a public meeting in Bethesda, Maryland, on March 24, 2015. Those interested in providing oral comments at the March 24, 2015, public meeting can register at [www.DietaryGuidelines.gov](http://www.DietaryGuidelines.gov). Capacity is limited, so participants will be accepted on a first-come, first-served basis.

The 14 outside experts who made up the 2015 Dietary Guidelines Advisory Committee are nationally recognized in the fields of nutrition, medicine and public health. The committee held seven public meetings over the past two years. The recommendations of the 2015 Dietary Guidelines Advisory Committee are non-binding and advisory to HHS and USDA as they draft the Dietary Guidelines for Americans, 2015.

The HHS Office of Disease Prevention and Health Promotion has the administrative lead for the Dietary Guidelines for Americans, 2015, which it carries out in close partnership with the USDA Center for Nutrition Policy and Promotion and with support from USDA's Agricultural Research Service.

The Dietary Guidelines for Americans was first published in 1980. Beginning in 1990, Congress mandated that HHS and USDA release a new edition at least every five years. The Dietary Guidelines contain the latest, science-based nutrition recommendations for the general public with the goal of preventing disease and promoting healthy, active lifestyles. It is written for and used primarily by nutrition and health professionals, policy makers and educators, and is the foundation for federal nutrition efforts, including education initiatives and food assistance programs.

*Source: Harvey, Lynn. "Fwd: 2015 Dietary Guidelines Advisory Committee Report Posted". Message to Donna Knight. 20 Feb. 2015. Email.*

## Continuing Education Opportunities

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### ► Webinar - Hand Washing in Your School

Date: **February 26, 2015 at 2:00 pm**

This webinar is the first in a planned series of monthly ongoing continuing education for North Carolina school nutrition staff to support the School Nutrition Association (SNA) professional development requirements. A certificate will be issued to participants for 1 hour of continuing education.

Key topics to be discussed include:

- Why hand washing is important
- Hand washing gone bad
- The science of hand washing
- Strategies to increase hand washing in school kitchens

**Information in this webinar is directed towards all school nutrition employees so please share with all schools in your School Food Authority.**

**All participants must register for the event in order to receive a certificate.** To register, please send an email to [NCSUfoodsafety@gmail.com](mailto:NCSUfoodsafety@gmail.com) that includes your first and last name and email address along with *Hand Washing in Your School* in the subject line. The email address is where the continuing education certificate will be sent after successful completion of the webinar. Participants will receive the details on joining the session via email following registration.

### ► Free Training at NFSMI

The National Food Service Management Institute (NFSMI) is offering free face-to-face training sessions in Oxford, Mississippi for 2015. Below is a schedule of courses offered in the next few months. Click on the course title for registration information and other details. If you have questions contact Lisa Rogers at [ltrogers@olemiss.edu](mailto:ltrogers@olemiss.edu) or 800.321.3054.

### MARCH 2015

Date	Topic	Time	Credit Hours	SNA Key Area
Mar 16-20 Mon-Fri	<u><a href="#">Orientation to School Nutrition Management</a></u>	8a-5p Mon-Thu 8a-12p Friday	30.5 hrs	Various

## APRIL 2015

Date	Topic	Time	Credit Hours	SNA Key Area
April 14 Tuesday	<u><a href="#">Financial Management: A Course for School Nutrition Managers</a></u>	9:00a – 4:00p	6 hrs	3

## JUNE 2015

Date	Topic	Time	Credit Hours	SNA Key Area
June 8-12 Mon-Fri	<u><a href="#">Orientation to School Nutrition Management</a></u>  <b>3 hours college credit available</b>	8a-5p Mon-Thu  8a-12p Friday	30.5 hrs	Various

**Registration and participant materials are free for each session. Lunch will be provided. Participants will receive certificates that reflect continuing professional education upon completion of each session. Space is limited, so reserve your seat early.**

NFSMI delivers training on a wide range of topics for child nutrition program professionals working in school nutrition and child care settings. To learn more about what NFSMI can do for you or to ask questions about these training sessions, call 800-321-3054 to speak to a member of the training team or go to [www.nfsmi.org](http://www.nfsmi.org).

Trainings at the NFSMI headquarters in Mississippi are only one of the many options for taking advantage of NFSMI training. If you are unable to attend a training in person at NFSMI, please consider the following alternatives:

- Free Online Courses
- Training Materials
- Delivery of Training in Your Area by NFSMI
- State and National SNA Conferences and Selected Child Care Conferences

*Source: Harvey, Lynn. "FW: Free Training from NFSMI Coming in 2015". Message to Donna Knight. 18 Feb. 2015. Email.*

## ► [NFSMI's Newest Training Resource!](#)

### **Nutrition 101: A Taste of Food and Fitness Video Training**

Based on Nutrition 101: A Taste of Food and Fitness 3rd edition, this video training presents a basic overview of nutrition and helps to underscore the importance of nutrition in daily life. The program offers tools for guiding food choices, information on macronutrients and micronutrients, information to assist you in making good diet decisions, and an overview of nutrition issues in the media. This 8-hour video training is divided into seven lessons that can be viewed concurrently or individually. Published 2015.

For more information and details visit: <http://www.nfsmi.org/ResourceOverview.aspx?ID=531>

*Source: School Nutrition Association. "SNA's Upcoming Webinars". Message to Donna Knight. 18 Feb. 2015. Email.*

## ► **SNA's Upcoming Webinars**

- **Recruiting Tips, Tools and Incentives**

Tuesday, March 10 at 2:00 PM EST

[Register now!](#)

Are you interested in learning new ways to recruit members to SNA? Did you know that SNA has a member recruitment program that rewards members for recruiting other members? Join us for this free webinar to learn tips and tools to help you succeed in your school, district, chapter and state membership recruitment efforts.

No CEUs are awarded for participating in this webinar.

*Source: School Nutrition Association. "SNA's Upcoming Webinars". Message to Donna Knight. 18 Feb. 2015. Email.*

## **What's New on the Web?**

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### ► **Time as a Public Health Control Procedure Form**

The Time as a Public Health Control Procedure form has been developed and is available for download at: <http://childnutrition.ncpublicschools.gov/information-resources/haccp-food-safety/haccp-continuing-education/time-as-a-public-health-control/time-as-a-public-health-control-tphc>. If you have questions or need assistance please contact Susan Thompson at [susan.thompson@dpi.nc.gov](mailto:susan.thompson@dpi.nc.gov).

### ► **USDA Policy Memos**

The following USDA Policy Memos have been added to the website at:

[http://childnutrition.ncpublicschools.gov/regulations-policies/usda-policy-memos/copy\\_of\\_2015](http://childnutrition.ncpublicschools.gov/regulations-policies/usda-policy-memos/copy_of_2015)

- **SP 20-2015**            Requests for Exemption from the School Meals’ Whole Grain-Rich Requirement for School Years 2014-2015 and 2015—2016
  
- **SP 21-2015**            National Procurement Training for Child Nutrition Programs
- SP 21-2015a**         Registration Form
- SP 21-2015a2**      Draft Agenda

**Important Dates** .....

**February**

February 2015 ..... National Sweet Potato Month  
 February 25 .....2015 NC Child Hunger Leaders Conference

**March**

March 2 ..... FC1-A Semi-Annual Report Due  
 March 2 .....Paid Lunch Equity Due to the State Agency  
 March 4 ..... Region 1 Spring Policy Update  
 March 6 ..... Region 3 Spring Policy Update for Charters & RCCIs  
 March 10 (Tuesday) ..... Deadline for Submitting Claim for Reimbursement (for February 2015)  
 March 15 (Sunday) ..... Fresh Fruit & Vegetable Claim for Reimbursement Deadline (for February 2015)  
 March 16 .....Region 5 Spring Policy Update for Charters and RCCIs  
 March 19 ..... Region 7 Spring Policy Update  
 March 20 ..... Region 2 Spring Policy Update  
 March 20 ..... Region 3 Spring Policy Update for Traditional Public Schools  
 March 20 ..... Region 5 Spring Policy Update for Traditional Public Schools  
 March 26 ..... Region 8 Spring Policy Update  
 March 30 ..... Deadline for submitting USDA Best Practice Awards Nominations  
 March 31 ..... Region 4 Spring Policy Update

**April**

April 1 ..... Deadline for Completing Self-Assessments for RCCI/Charter/Non-Public SFAs (File at SFA)  
 April 3 ..... Good Friday (State Offices Closed)  
 April 10 (Friday) ..... Deadline for Submitting Claim for Reimbursement (for March 2015)  
 April 15 (Wednesday) ..... Fresh Fruit & Vegetable Claim for Reimbursement Deadline (for March 2015)  
 April 15 ..... March Nutrient Analysis Reports Due (Submit to Regional Nutrition Specialist)

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If you wish to file a Civil Rights program complaint of discrimination, complete the [USDA Program Discrimination Complaint Form](http://www.ascr.usda.gov/complaint_filing_cust.html), found at [http://www.ascr.usda.gov/complaint\\_filing\\_cust.html](http://www.ascr.usda.gov/complaint_filing_cust.html) or at any USDA office, or call (866) 632-9992 to request the form. You may also write a letter containing all of the information requested in the form. Send your completed complaint form or letter to us by mail at U.S. Department of Agriculture, Director, Office of Adjudication, 1400 Independence Avenue, S.W., Washington, D.C. 20250-9410, by fax (202) 690-7442 or email at [program.intake@usda.gov](mailto:program.intake@usda.gov).

Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339; or (800) 845-6136 (Spanish).

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