

School Nutrition Weekly Update



February 26, 2016

Issue No. 2016.2-3

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Fresh Fruit & Vegetable Program Application Season is Just around the Corner!

The Fresh Fruit and Vegetable Program (FF&VP) application process for School Year 2016-2017 will open very soon! For interested LEAs with eligible elementary schools and eligible Charter Schools that are only elementary grade levels, please mark your calendar for the following dates:

- **February 29** NC's FF&VP application season opens. School Nutrition Administrators will receive a special e-mail with the 2016-2017 FF&VP application packet. Also, the 2016-2017 FF&VP electronic application can be accessed in the School Nutrition Technology System (SNTS) by School Nutrition staff with SNTS "Application Entry" access.
- **April 8** at 11:59 p.m. Deadline for completing FF&VP applications in the NCDPI's SNTS.
- **April 15** (by 5:00 PM) Deadline for the 2016-2017 FF&VP Signature Pages and special form ("Number of Days FF&VP will operate for SY 2016-2017) to be received in the School Nutrition Services Section/NCDPI/Raleigh, NC. No late forms accepted.

If anyone has any questions regarding NC's FF&VP application/selection process, program requirements, or financial operation, please contact Zoe McKay-Tucker, School Nutrition Consultant for Special Programs by email at zoe.mckaytucker@dpi.nc.gov or by phone: 919-807-3517.

New Procurement Rule in North Carolina

In the last legislative session, the General Assembly adopted the *Iran Divestment Act* (NCGS 143C-6A-1 to 6A-9) and it impacts not only the State but local governments as well by imposing new obligations on the procurement process. The newly released guidance and certification form issued by the Department of the State Treasurer is shown at: www.nctreasurer.com/slg/Memos/2016-10.pdf

The divestment list referenced in the guidance from the Department of the State Treasurer will be updated on at least a semi-annual basis and may be found here: www.nctreasurer.com/iran

Please forward this communication to anyone involved in making purchases on behalf of the School Food Authority. Please also attach the certification document to your Standard Terms and Conditions so this requirement may be reflected in all formal and informal purchases, except those purchases of \$1,000 or less that are not subject to this new rule. If you have any questions about this memo please contact Lynn Harvey at (919)807-3506.

Let's Move! – 2016 Healthy Lunchtime Challenge

School Nutrition Administrators, we encourage you to share this exciting opportunity with the schools and students in your district.

It's that time of year again – we're inviting kids across the country to create healthy lunch recipes for a chance to win a trip to Washington, DC and the opportunity to attend the Kids' "State Dinner" at the White House! The First Lady is once again teaming up with PBS flagship station WGBH Boston, the U.S. Department of Education, and the U.S. Department of Agriculture to host the fifth annual Healthy Lunchtime Challenge to promote cooking and healthy eating among young people across the nation.

The challenge invites kids ages 8-12, in collaboration with a parent or guardian, to create an original recipe that is healthy, affordable, and delicious. One winner from each U.S. state, territory, and the District of Columbia will win the opportunity to be flown to Washington, DC to attend the 2016 Kids' "State Dinner" at the White House, where a selection of the winning recipes will be served. Kids will also have the opportunity to learn from television personality and member of the President's Council on Fitness, Sports and Nutrition Rachael Ray.

[CLICK HERE](#) to check out a special message from First Lady Michelle Obama announcing the fifth annual Healthy Lunchtime Challenge.

Check out USDA's [MyPlate](#) to ensure your child's recipe meets the nutrition guidelines by representing each of the food groups, either in one dish or as parts of a lunch meal, including fruits, vegetables, whole grains, lean protein and low-fat dairy. In addition, in celebration of the MyPlate, MyState initiative, the 2016 Healthy Lunchtime Challenge is putting a spotlight on homegrown pride across the country and encouraging entries to include local ingredients grown in your family's state, territory, or community.

We can't wait to see what kids create this year – so good luck and get cooking!

[CLICK HERE to learn more about the Healthy Lunchtime Challenge, and don't forget to submit a recipe by April 4!](#)

Source: Who's Ready to Get Cooking? Message to Lynn Harvey. 22 Feb. 2016. E-mail.

Survey: Verification - Re-applied & Re-approved

This Verification: Re-applied & Re-approved survey has been developed for all SFAs that completed a verification report with the exception of Special Milk Program participants. The purpose of the survey is to capture the data on Re-applied and Re-approved Applications and Students on or before February 15, 2016 for the households that did not respond to the verification process. Please provide the number of student(s) and the number of application(s) for each household that did not respond in the survey for households that were originally selected for verification (Oct 1 - Nov 16) for which benefits were terminated and the household re-applied for benefits between November 17, 2015 and February 15, 2016. If you have questions please contact Jacquelyn McGowan (jacquelyn.mcgowan@dpi.nc.gov).

[CLICK HERE](#) to complete the survey by the **March 1, 2016** deadline.

IMPORTANT THINGS TO REMEMBER:

- **It is important that you submit the data for "Students" and "Applications" in each category in the survey.**
- **The number of applications cannot be greater than the number of students.**
- **If there is no data for a particular category please insert a "0". Do not leave any fields blank.**

Are You Ready to Celebrate National School Breakfast Week?

March 7-11 is National School Breakfast Week (NSBW). The 2016 NSBW theme, “Wake Up to School Breakfast”, reminds everyone in the school community—students, families, school administrators and staff—that a school breakfast provides a healthy, energizing start to the day for students.

School breakfast offers several connections to classroom learning—students have the opportunity to eat a healthy breakfast each school morning closer to academic instruction time, students who eat a healthy breakfast are better able to focus on classroom lessons, and students can practice the nutrition lessons they learn in the classroom by making healthy choices with school breakfast.

NSBW raises awareness of the availability of school breakfast to all children and promotes the links between eating breakfast, academic achievement and health. Find NSBW info and resources at <https://schoolnutrition.org/NSBW>. To find school breakfast resources tailored to North Carolina, including the *Breakfast is Brain Fuel* toolkit, visit <http://childnutrition.ncpublicschools.gov/programs/sbp>.

National Nutrition Month is coming up in March!

March is National Nutrition Month. This year’s theme is “Savor the Flavor of Eating Right”.

Each March, the Academy of Nutrition and Dietetics encourages everyone to return to the basics of healthful eating through National Nutrition Month. The theme for 2016 is "Savor the Flavor of Eating Right," which encourages everyone to take time to enjoy food traditions and appreciate the pleasures, great flavors and social experiences food can add to our lives. How, when, why and where we eat are just as important as what we eat. Develop a mindful eating pattern that includes nutritious and flavorful foods — that's the best way to savor the flavor of eating right!

Have fun celebrating National Nutrition Month (NNM) in your schools! The Academy's NNM website, www.eatright.org/resources/national-nutrition-month, includes a variety of helpful tips, including strategies for schools, games, promotional tools and nutrition education resources, all designed to spread the message of good nutrition based on the “Savor the Flavor of Eating Right” theme.

Registered Dietitian Nutritionist (RDN) Day is March 9

The second Wednesday of each March is celebrated as "Registered Dietitian Nutritionist Day." For 2016, Registered Dietitian Nutritionist (RDN) Day is March 9. If you have a RDN on your staff or know one, recognize their efforts to support healthy eating and improve health. Find more info and resources at: www.eatright.org/resource/food/resources/national-nutrition-month/registered-dietitian-nutrition-day .

Questions & Answers – Summer Food Service Program

The NCDPI Summer Nutrition Programs team has prepared a few questions and answers for you as you prepare for serving meals this summer. **CLICK HERE** to get the answers to the following questions:

1. Are there time restrictions for summer nutrition programs' meal service?
2. Can the *Read to Achieve* program operate under the summer nutrition programs?
3. What should SFAs be doing now to promote the *Read to Achieve* programs?

Grant Opportunities

➤ Action for Healthy Kids Grants

Action for Healthy Kids (AFHK) is now accepting School Grants for Healthy Kids applications for the 2016-2017 school year. The deadline to apply is April 1. Grant funding will help schools pilot or expand school breakfast programs and support physical activity initiatives through Game On. AFHK will be hosting grant webinars with tips for applying. Recordings will be available. To find more info, register for the webinars or apply for the grants, visit www.actionforhealthykids.org/tools-for-schools/apply-for-grants.

- Breakfast Grants Webinar: Tuesday, March 1, 2016, 2:00 - 3:00 PM (CT)
- Game On Grants Webinar: Wednesday, March 2, 2016, 2:00 - 3:00 PM (CT)

➤ The Braitmayer Foundation Grant

The Braitmayer Foundation is interested in proposals utilizing innovative practices in K-12 education throughout the United States. Of particular interest are curricular and school reform initiatives and preparation of and professional development opportunities for teachers. Previous grantees include support to increase physical activity and fitness of elementary school children. The foundation awards grants up to \$35,000. The application deadline is March 15, 2016. To find more info or to apply, visit www.braitmayerfoundation.org/how-to-apply/.

➤ Good Sports Offers Equipment Grants

Get your students moving with a grant for athletic equipment, footwear and apparel! Good Sports has grants available to all K-12 schools that serve youth in disadvantaged areas of the country. Schools that indicate enrollment in Let's Move! Active Schools on their application will receive priority access. To learn more and apply, visit <https://www.goodsports.org/apply>. Applications are accepted on a rolling basis.

➤ Donor Choose

DonorsChoose.Org is a non-profit that links public school teachers with people who want to support classroom learning. The application deadline is variable. Visit www.DonorsChoose.org to learn more.

➤ NC Office of Environmental Education and Public Affairs Grants Page

The NC Office of Environmental Education and Public Affairs Grants page is constantly full of school and community garden related grants. Grants are automatically removed after the closing date is past, so no worries about filtering through expired grants or those that would not apply to North Carolina. For more information, visit <http://web.eenorthcarolina.org/core/item/topic.aspx?tid=85010>.

Continuing Education Opportunities

- **Save the Dates!**

Date	Title/Subject	Location
March 8-10	<u>NC Safe Plates: A Certified Food Protection Manager Course and Examination</u>	Mountain Horticultural Crops Research and Extension Center 455 Research Drive Mills River, NC 28759
March 17	<u>Time as a Public Health Control (TPHC) Procedures: following the Food Code requirements</u>	Webinar
April 20	<u>Hazard Analysis Critical Control Point (HACCP): A Preventive Food Safety Plan for School Nutrition Programs</u>	Deep River Event Center 606 Millwood School Road Greensboro, NC
April 25-27	<u>NC Safe Plates: A Certified Food Protection Manager Course and Examination</u>	NC State University Schaub Hall, Room G40 400 Dan Allen Drive Raleigh, NC 27695
April 28-29	<u>Smart Options</u>	Carteret County Schools Administrative Office 107 Safrit Drive Beaufort, NC 28516
May 10-12	<u>NC Safe Plates: A Certified Food Protection Manager Course and Examination</u>	Brunswick County Health Services Building A, 25 Court House Drive NE Bolivia, NC 28422
April 28	<u>Norovirus: Effective Cleaning and Sanitizing After Exposure in Kitchen and Dining Areas</u>	
June 13-15	<u>NC Safe Plates: A Certified Food Protection Manager Course and Examination</u>	Koury Convention Center 3121 High Point Rd Greensboro, NC 27407

- ***Food Safety Webinars for 2016 - Potential Dates and Topics***

These webinars are part of a planned series of monthly ongoing food safety continuing education for North Carolina school nutrition staff to support the School Nutrition professional development requirements. Registration information will be provided monthly.

April 28	Handling Wasted Food Safely: Donations to non-profits and sharing tables
May 26	School Kitchen Rentals: Ensuring safety after use by external organizations

- ***North Carolina K-12 Culinary Institute Preview***

North Carolina Department of Public Instruction, School Nutrition Services Section, in cooperation with Chef Cyndie Story and K-12 Team, is developing The NC K-12 Culinary Institute which features face-to-face and online instruction for school nutrition personnel. **CLICK HERE** for full details and registration information.

- ***North Carolina School Health Advisory Council (SHAC) Training from Ideas to Action***

DATE: Thursday, March 17, 2016

TIME: 9:30AM - 3:30PM

LOCATION: Laughlin Professional Development Center, 7911 Summerfield Road , Summerfield, NC

Event Details

This workshop is presented in partnership with NC Action for Healthy Kids, NC Healthy Schools, NC Department of Public Instruction, School Nutrition Services, Community and Clinical Connections for Prevention and Health (CCCPH) Branch, NC Division of Public Health.

The event was recently announced by North Carolina Department of Public Instruction - NC Healthy Schools, and registration information was provided to the SHAC chairpersons. Two members of every local SHAC are invited to attend this unique opportunity filled with fun activities and lots of motivation for rejuvenating the Councils.

Some of the workshop topics include:

- *Whole School, Whole Community, Whole Child Model*
- *Updates to policies affecting our work*
- *Available statewide resources*

- Free tools to assess your district and school
- Developing an action plan with your SHAC team once home

Consider reaching out to the SHAC chairperson in your SFA to ensure that the Council takes advantage of both of the seats reserved for your LEA.

Important School Nutrition Dates

Remember: Any time a due date/deadline falls on a weekend or a holiday, the deadline automatically extends to the next business day.

March 2016

Mar 2016.....	<u>National Nutrition Month</u>
Mar 1.....	Due date Financial Form (FC-1A) for July 1 thru December 30 (<i>Semi-Annual Report</i>)
Mar 1-2	SFSP Workshop (New Bern Convention Center)
Mar 7-11	<u>National School Breakfast Week</u>
Mar 8-10	NC Safe Plates Workshop (Mills River, NC)
Mar 9.....	<u>Registered Dietitian Nutritionist Day</u>
Mar 10 (Thurs)	Deadline to submit claim for reimbursement for <i>NSLP/SBP/ASSP/SFSP/SSO</i> (for Feb 2016)
Mar 10	Best Practice Awards Nominations Due in State Agency office
Mar 15 (Tues).....	Deadline to submit <i>FFVP</i> claim for reimbursement (for Feb 2016)
Mar 16.....	SFSP Workshop (Deep River)
Mar 17.....	Time as a Public Health Control (TPHC) Procedures: Following the Food Code Requirements
Mar 23.....	SFSP Workshop (Hickory Metro Convention Center)
Mar 25.....	Good Friday (State offices closed)

April 2016

Apr 1	Deadline to complete Self-Assessments (Charter/RCCI/Non-Public SFAs) (Keep on file at SFA)
Apr 8	Deadline to complete FF&VP Applications (SN Tech system)
Apr 10	Deadline to submit claim for reimbursement for <i>NSLP/SBP/ASSP/SFSP/SSO</i> (for Mar 2016)
Apr 15	Deadline to submit <i>FFVP</i> claim for reimbursement (for Mar 2016)
Apr 15	March Nutrient Analysis Reports Due (Submit to regional Nutrition Specialist)
Apr 15	Deadline to submit Golden Key Achievement Award Summaries
Apr 20	HACCP: A Preventive Food Safety Plan for School Nutrition Programs Workshop (Greensboro)
Apr 21	SFSP Workshop (New Bern Convention Center)
April 25-27	NC Safe Plates Workshop (Raleigh, NC)
Apr 28	Norovirus: Effective Cleaning and Sanitizing After Exposure in Kitchen and Dining Areas (Webinar)
April 28-29	Smart Options Workshop (Beaufort, NC)

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- (1) mail: U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410;
- (2) fax: (202) 690-7442; or
- (3) email: program.intake@usda.gov.

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