

2016-17 Alliance Sample Breakfast Cycles w/bid Item #'s

NCPA SAMPLE BREAKFAST CYCLE MENU

Entrée products can be purchased IW for bag breakfast

This sample cycle menu was developed using various member breakfast cycles and high volume usage breakfast entrée products from the NCPA bid. NCPA Bid Item numbers shown under each product. Add fruit and milk requirement.

DISCLAIMER: *These seasonal cycle menus show the variety of products that may be served for school breakfast. Based on product numbers, entrees planned will meet the breakfast meal patterns K-5, 6-8, 9-12, and K-12. Please note these are only sample menus and each individual SFA must ensure their menus meet all required meal components and nutrient standards. Individual offerings of food items will vary for each SFA and does not guarantee nutrient standards will be met by this sample cycle menu. Please complete accurate Meal Component and Quantity Worksheets and Nutritional Analyses to assure that your menus meet all requirements.*

Fall Cycle August-October	Apple Muffin (44560)	French Toast Sticks/IW Mini (44432/44440)	Breakfast Pizza (28845)	Sausage Biscuit (44040/44050)	District Choice <i>See options below</i>
	Pancake & Sausage on a Stick (44100/44110)	Nutri-Grain Bar w/String Cheese (62024-62028)	Cinnamon Bun (44335)	Chicken Biscuit (44010/44020)	Banana Loaf (44270)

Winter Cycle November- February	Banana Muffin (44570)	Dutch Waffle (44795)	Mini Pancakes (44715/44720)	Sausage Biscuit (44040/44050)	District Choice <i>See options below</i>
	Breakfast Bun (44345)	Apple Fruit Pocket (44470)	Breakfast Pizza (28845)	Chicken Biscuit (44010/44020)	Pumpkin Loaf (44285)

Spring Cycle March-June	Blueberry Muffin (44580)	Pancake & Sausage on a Stick (44100/44110)	Pizza Bagel (28830)	Sausage Biscuit (44040/44050)	District Choice <i>See options below</i>
	Pancake Sausage Sandwich (44140)	Cream Cheese Cinnamon Bagel (44260)	Breakfast Pizza (28845)	Chicken Biscuit (44010/44020)	Berry Loaf (6073) <i>Note: There is a Cinnamon Loaf flavor if your Distributor carries.</i>

Daily Offering:

- Cereal plus 1 grain graham crackers or cheese stick
- 4oz Yogurt plus 1 grain graham crackers
- Assorted fresh fruit, canned, frozen or fruit juice
- Assorted flavored skim milk, skim white, 1% white

Suggested Options for District Choice Days:

Eggs (scrambled, pattie, omelet), Grits, Oatmeal, Cheese Breadstick, Yogurt Parfait, Beef Steak Sandwich)