

North Carolina

# School Nutrition Weekly Update

September 29, 2015

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## ***Awards and Recognition Opportunities at the 2015 Annual Conference***

If you have earned any special recognition in your SFA since October 2014, please let us know as we want to recognize you at the upcoming SN Administrator's Conference in October.

Please e-mail this information to Janice Ezzell at ezzell.janice@yahoo.com by **Thursday, October 8, 2015**. The information will be included in the conference program and you will be recognized from the podium at one of the general sessions.

## ***Annual Conference Zone Networking Survey***

The Annual NCDPI School Nutrition Services Administrator Conference will be held October 28-30, 2015 at the Sheraton Imperial Hotel and Convention Center, Durham, NC. There are plans for two networking sessions during the conference and we desire your input in planning these sessions.

One session will be on Wednesday afternoon allowing administrators to meet with the Operations Consultant and Nutrition Specialist assigned to specific service zones. The second opportunity will be held Thursday from 4:45 to 5:45 PM and will include a discussion on menu accommodations for students with allergies. This session is designed for those who plan menus and create recipes for the School Food Authority, including registered dietitians. It will be led by the Nutrition Team and serve as a springboard for future continuing education topics.

Please complete the survey at the link below by **October 12, 2015** to let us know of your ideas and intent to participate in these networking events.

<https://www.surveymonkey.com/r/2015AnnualConferenceNetworking>

## ***Workshop - SummerPalooza Summit!...Expanding Summer Nutrition for NC Kids***

North Carolina Department of Public Instruction, School Nutrition Services Section will offer a collaborative workshop to provide a jumpstart for summer nutrition 2016. This workshop will provide an opportunity to learn more about the summer nutrition programs in North Carolina, identify ways to reduce barriers, and pinpoint areas where summer meals are needed to reduce food insecurity. Round table discussions with community stakeholders will provide an opportunity for collaborative work to achieve continuous summer nutrition program expansion through effective partnerships. At the conclusion of the workshop, participants should be able to:

1. Define the goals and objectives of the summer nutrition programs.
2. Discuss North Carolina's food insecurity and its negative effects.
3. Identify the summer nutrition program's unserved and underserved area.

4. Strategize to eliminate and or reduce barriers using best practices employed by other organizations that operate summer nutrition programs.
5. Work collaboratively with community stakeholders to address participation deserts, set goals and actions to improve access in their community.
6. Implement steps to improve summer nutrition program access.
7. Continue collaborative work to achieve continuous summer nutrition expansion

The workshop is planned from 10:00 AM to 4:00 PM for the dates and locations below:

November 3, 2015 .....New Bern Convention Center  
 November 5, 2015 .....City Hotel & Bistro, Greenville, NC  
 November 12, 2015 .....Deep River Event Center, Greensboro, NC  
 November 13, 2015 .....Four Points Sheraton, Asheville, NC

Target audiences include School Food Authorities, Colleges or Universities, and Public and Private Non Profit organizations that desire to learn more about improving access to the Summer Nutrition Programs. Professional Development certificates will be awarded to participants who are present for the entire workshop.

Lunch will be provided to registered participants. Participants are responsible for all additional expenses including mileage, lodging if needed, and food and beverages for breaks and additional meals.

You may register at the link below:

<https://onece.ncsu.edu/search/publicCourseSearchDetails.do?method=load&courseId=4973546>

## **10 New Fruit and Vegetable Fact Sheets**

Ten new [fruit and vegetable fact sheets](#) (Blackberry, Cantaloupe, Grape, Plum, Raspberry, Cabbage, Kale, Peppers, Yellow Squash, and Zucchini) are now available to help educators and school nutrition professionals in encouraging children to eat and enjoy more fruits and vegetables. The fact sheets were developed through a partnership of North Carolina Cooperative Extension, NC State University, 4-H, FoodCorps NC, the NC Department of Agriculture and Consumer Services, the NC Department of Public Instruction, and the School Nutrition Association of North Carolina. The fact sheets feature a full color photo of each fruit or vegetable and provide information divided into the following sections: Grow (type, origin and growing tips), Choose (varieties, availability and strategies for selection), Store (information on where and how to store), Use (how to wash and prepare), Eat (nutritional benefits), Teach (facts, trivia and educational activities), and Find (resources and links).

For questions regarding nutrition education resources for schools, please contact Tracey Bates, School Nutrition Services, NCDPI, at [tracey.bates@dpi.nc.gov](mailto:tracey.bates@dpi.nc.gov) .

## ***New Energizers / New Video / New Website***

The new Healthy School Website is now live and ready for your use. <http://www.nhealthyschools.org/>  
It's packed with useful resources but for today checkout the New and Improved Energizers.

<http://www.nhealthyschools.org/energizers/> . To help you promote the use of these and other energizers throughout the school day, they help meet the requirements of the Healthy Active Children Policy, check out our new promotional video!!

<http://www.eatsmartmovemorenc.com/Energizers/Video.html>

As always, thank you for the work that you do to keep the students of NC healthy!

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## ***Important School Nutrition Dates***

### **October**

Oct 1 ..... FC1-A Report Due for June 2015  
Oct 1 ..... Verification Process Begins (SFAs begin pulling F&R Family Meal Applications)  
Oct 10 (Sat) ..... *NSLP/SBP/ASSP/SFSP/SSO* - Deadline to submit claim for reimbursement (for Sept 2015)  
October 12 – 16 ..... National School Lunch Week  
Oct 15 (Thurs) ..... *FFVP* - Deadline to submit claim for reimbursement (for Sept 2015)  
Oct 28 ..... NC Procurement Alliance Member Meeting  
Oct 28-30 ..... *Annual Conference for School Nutrition Administrators*

### **November**

Nov 1 ..... Self-Assessment Due for RCCI/Charter/NonPublic (File in SFA)  
Nov 3 ..... SummerPalooza Summit!...Expanding Summer Nutrition for NC Kids (*New Bern*)  
Nov 5 ..... SummerPalooza Summit!...Expanding Summer Nutrition for NC Kids (*Greenville*)  
Nov 10 (Tues) ..... *NSLP/SBP/ASSP/SFSP/SSO* - Deadline to submit claim for reimbursement (for Oct 2015)  
Nov 11 ..... Veterans Day Observed – State Offices Closed  
Nov 12 ..... SummerPalooza Summit!...Expanding Summer Nutrition for NC Kids (*Greensboro*)  
Nov 13 ..... SummerPalooza Summit!...Expanding Summer Nutrition for NC Kids (*Asheville*)  
Nov 15 (Sun) ..... *FFVP* - Deadline to submit claim for reimbursement (for Oct 2015)

Nov 16 ..... Verification Process Ends  
 Nov 17 ..... Verification Reporting Process begins for SFAs  
 Nov 26-27 .....Thanksgiving Holidays – State Offices Closed

## ***In the Previous Issue of SN Weekly...***

SN Weekly Update – [September 14, 2015](#)

- Memorandum of Agreement – Career & Technical Education
- Verification Webinars Scheduled and Q&A
- **\*\*REMINDER\*\*** - Deadline for Annual Conference 2015 Room Reservations
- Community Eligibility Provision (CEP) Clarification
- Second Review of Applications
- USDA Updates Professional Standards Learning Objectives and Coding
- Revised Procuring Local Foods for Child Nutrition Programs Guide Now Available
- Food Safety Announcement: Unpasteurized Eggs
- Webinar – Nutrition Education in the Classroom and Beyond: Tips for Educators
- Vacancy Announcement – Onslow County Schools

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