

Sample Breakfast in the Classroom Menu



Monday	Tuesday	Wednesday	Thursday	Friday
Cereal and Grahams Fruit or 100% Juice Milk	French Toast Sticks Fruit or 100% Juice Milk	Sausage Bites Fruit or 100% Juice Milk	Chicken Biscuit Fruit or 100% Juice Milk	Yogurt and Grahams Fruit or 100% Juice Milk
Whole Wheat Cinnamon Roll Fruit or 100% Juice Milk	Waffle Fruit or 100% Juice Milk	Pancake and Sausage Stick Fruit or 100% Juice Milk	Egg and Cheese Biscuit Fruit or 100% Juice Milk	Bagel Bar Fruit or 100% Juice Milk
Grahams and Cheese Stick Fruit or 100% Juice Milk	French Toast Sticks Fruit or 100% Juice Milk	Sausage Biscuit Fruit or 100% Juice Milk	Steak Biscuit Fruit or 100% Juice Milk	Yogurt and Grahams Fruit or 100% Juice Milk
Boiled Egg and Grahams Fruit or 100% Juice Milk	Waffle Fruit or 100% Juice Milk	Maple Wrap on a Stick Fruit or 100% Juice Milk	Egg and Cheese Biscuit Fruit or 100% Juice Milk	Whole Wheat Donut Fruit or 100% Juice Milk

¹ Fresh fruit, a fruit cup or 100% juice is offered daily.

² A variety of low fat and fat free milk is offered daily.