

## Breakfast Survey for Families

Please respond to the questions below by filling in the circles.

Please fill in like this: ●

Not like this ⊗

Did your child eat breakfast today?

Yes

No

What did your child eat for breakfast? You can choose more than one.

Milk

Fish

Cereal, Bread, Muffin, Bagel,  
Tortilla, Grits, Rice, Oatmeal,  
Cream of Wheat

Cheese

Beans

Yogurt

Fruit or Fruit Juice

Other

Egg

Vegetable or Vegetable  
Juice

Meat

If other, please tell us what your child ate for breakfast.

Does your child usually eat breakfast?

Yes

No

How many days of the week does your child eat breakfast?

0

3

6

1

4

7

2

5

Where does your child usually eat breakfast during the school week?

At home

On the bus

In the car

At school

Has your child ever eaten school breakfast?

Yes

No

How many days of the week does your child eat school breakfast?

0

2

4

1

3

5

If your child does not eat breakfast, please tell us why. You can choose more than one.

- |   |  |
|---|--|
| <input type="radio"/> He or she does not have time            | <input type="radio"/> My family does not eat breakfast         |
| <input type="radio"/> He or she is not hungry                 | <input type="radio"/> His or her friends do not eat breakfast  |
| <input type="radio"/> He or she is trying to lose weight      | <input type="radio"/> We do not have food to eat for breakfast |
| <input type="radio"/> He or she does not like breakfast foods | <input type="radio"/> Other                                    |

If other, please tell us why your child does not eat breakfast.

If your child does not eat school breakfast, please tell us why. You can choose more than one.

- |  |  |
|--|--|
| <input type="radio"/> He or she eats breakfast at home             | <input type="radio"/> He or she does not like the menu/choices |
| <input type="radio"/> He or she does not have time                 | <input type="radio"/> His or her friends do not eat breakfast  |
| <input type="radio"/> He or she is not hungry                      | <input type="radio"/> We do not have money to buy breakfast    |
| <input type="radio"/> He or she is trying to lose weight           | <input type="radio"/> Other                                    |
| <input type="radio"/> We did not know the school offered breakfast |  |

If other, please tell us why your child does not eat school breakfast.

Have you ever eaten school breakfast?

- |                           |                          |
|---------------------------|--------------------------|
| <input type="radio"/> Yes | <input type="radio"/> No |
|---------------------------|--------------------------|

Would you allow your child to eat school breakfast?

- |                           |                          |
|---------------------------|--------------------------|
| <input type="radio"/> Yes | <input type="radio"/> No |
|---------------------------|--------------------------|

How does eating breakfast help your child?

- |  |  |   |
|--|--|---|
| <input type="radio"/> Gives him or her energy                    | <input type="radio"/> Helps him or her get good grades in school | <input type="radio"/> Helps him or her to try new foods |
| <input type="radio"/> Wakes him or her up                        | <input type="radio"/> Helps him or her to be in a better mood    | <input type="radio"/> Other                             |
| <input type="radio"/> Helps him or her to pay attention in class | <input type="radio"/> Helps him or her to be healthy             | <input type="radio"/> It does not help my child         |

If other, please explain.