








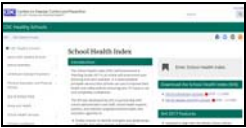







<b>U.S. Department of Agriculture (USDA) Resources</b>	
<p><b>Local Wellness Policy</b>  <a href="http://www.fns.usda.gov/tn/local-school-wellness-policy">www.fns.usda.gov/tn/local-school-wellness-policy</a>                      The Healthy, Hunger-Free Kids Act of 2010 (HHFKA) requires all local educational agencies (LEAs) participating in federal Child Nutrition programs to establish and implement, for all schools under its jurisdiction, local wellness policies (LWP) that include:</p> <ul style="list-style-type: none"> <li>▪ goals for nutrition education, nutrition promotion, physical activity and other school-based activities designed to promote student wellness,</li> <li>▪ nutrition guidelines for all foods available during the school day,</li> <li>▪ assurance that guidelines for reimbursable school meals not be less restrictive than regulations and guidance issued by the Secretary of Agriculture,</li> <li>▪ a plan for measuring implementation of the local wellness policy, including designation of an LEA official to oversee, implement and monitor LWP,</li> <li>▪ communication to the public (including families, students, and the community) about the content and implementation of the LWP, and</li> <li>▪ periodic measurement and assessment, available to the public, on LWP implementation, including the extent to which schools are in compliance with LWP, the extent to which the LWP compares to model LWP, and a description of the progress made in attaining the LWP goals.</li> </ul> <p>This USDA webpage offers the background information, Final Rule, requirements, implementation timeline, and links to helpful resources.</p>	
<p><b>School Nutrition and Environment Resources</b>  <a href="https://healthymeals.fns.usda.gov/local-wellness-policy-resources/school-nutrition-environment-and-wellness-resources-0">https://healthymeals.fns.usda.gov/local-wellness-policy-resources/school-nutrition-environment-and-wellness-resources-0</a>                      The USDA website is dedicated to helping local education agencies (LEAs) find resources needed to implement the local wellness policy requirements.</p>	
<p><b>Team Nutrition</b>  <a href="http://www.fns.usda.gov/tn/team-nutrition">www.fns.usda.gov/tn/team-nutrition</a>                      USDA's Team Nutrition is an integrated, behavior based, comprehensive plan involving schools, families, and the community in efforts to improve school meals and to promote the health and education of children nationwide.</p>	
<p><b>Tools for Schools</b>  <a href="http://www.fns.usda.gov/healthierschoolday/tools-schools">www.fns.usda.gov/healthierschoolday/tools-schools</a>                      The USDA Tools for Schools assists local education agencies (LEAs)/school food authorities (SFAs) in meeting the updated nutrition standards for Child Nutrition programs.</p>	
<p><b>Local School Wellness Policy Outreach Toolkit</b>  <a href="https://www.fns.usda.gov/tn/local-school-wellness-policy-outreach-toolkit">https://www.fns.usda.gov/tn/local-school-wellness-policy-outreach-toolkit</a>                      Engage school staff and parents in school wellness using these ready-to-go communication tools: flyers, presentations, newsletter articles, and social media posts.</p>	
<p><b>Best Practices Sharing Center</b>  <a href="https://healthymeals.fns.usda.gov/best-practices">https://healthymeals.fns.usda.gov/best-practices</a>                      The USDA Best Practices Sharing Center helps local education agencies (LEAs)/school food authorities (SFAs) find and share resources, tools, and success stories to serve healthy menus and meet meal pattern regulations.</p>	
<p><b>State Sharing Center</b>  <a href="https://healthymeals.fns.usda.gov/state-sharing-center-0">https://healthymeals.fns.usda.gov/state-sharing-center-0</a>                      The USDA State Sharing Center offers resources, tools, and innovative menus that local education agencies (LEAs)/school food authorities (SFAs) develop or utilize to serve healthy meals and meet meal pattern regulations.</p>	

Other National Resources	
<p><b>Action for Healthy Kids (AFHK)</b>  <a href="http://www.actionforhealthykids.org/tools-for-schools">http://www.actionforhealthykids.org/tools-for-schools</a>                      Action for Healthy Kids offers a variety of wellness resources. Game On helps schools host a successful wellness program. Get in the Action Center is a volunteer matching program connecting individuals in the community with schools. The Wellness Policy Tool provides a structure and framework for policy development, revision and implementation. AFHK offers grants for schools to increase activity, offer healthy options and nutrition education, and expand school breakfast.</p>	
<p><b>Alliance for a Healthier Generation</b>  <a href="https://www.healthiergeneration.org/take-action/schools">https://www.healthiergeneration.org/take-action/schools</a>                      The Alliance for a Healthier Generation offers a Healthy Schools Program, including guidance on updating local wellness policies and a sample model local wellness policy.</p>	
<p><b>Centers for Disease Control and Prevention (CDC)</b>  <a href="https://www.cdc.gov/healthyschools/npao/wellness.htm">https://www.cdc.gov/healthyschools/npao/wellness.htm</a>  <a href="https://www.cdc.gov/healthyschools/shi/">https://www.cdc.gov/healthyschools/shi/</a>                      CDC offers resources (e.g., <i>School Health Guidelines to Promote Healthy Eating and Physical Activity</i>, School Health Index) to assist school districts in designing, implementing and promoting elements of local school wellness policies and implementing coordinated school health programs.</p>	
<p><b>Fuel Up to Play 60 (FUTP60)</b>  <a href="https://www.fueluptoplay60.com">https://www.fueluptoplay60.com</a>                      Fuel Up to Play 60 is a nationwide movement, founded by the National Dairy Council and the NFL, in collaboration with USDA. FUTP60 offers a playbook for healthy eating and physical activity, grants and additional wellness resources.</p>	
<p><b>Institute for Child Nutrition (ICN)/National Food Service Management Institute (NFSMI)</b>  <a href="https://theicn.org/icn-resources-a-z/sustaining-and-strengthening-wellness-initiatives/">https://theicn.org/icn-resources-a-z/sustaining-and-strengthening-wellness-initiatives/</a>                      The Institute for Child Nutrition (formerly NFSMI) created a <i>Resource to Sustain and Strengthen Local Wellness Policy</i> to assist local education agencies (LEAs) with reporting progress toward meeting components of the local wellness plan goals and planning for continuous improvement.</p>	
<p><b>Yale University, Wellness School Assessment Tool (WellsAT)</b>  <a href="http://wellsat.org/">http://wellsat.org/</a>                      WellsAT allows local education agencies to assess the quality of their wellness policy and receive personalized guidance and resources for making improvements, based on the assessment.</p>	
North Carolina Resources	
<p><b>N.C. State Board of Education (SBE) Healthy Active Children Policy</b>  <a href="https://simbli.eboardsolutions.com/ePolicy/policy.aspx?PC=SHLT-000&amp;Sch=10399&amp;S=10399&amp;C=&amp;RevNo=1.02&amp;T=A&amp;Z=P&amp;St=ADOPTED&amp;PG=6&amp;SN=true">https://simbli.eboardsolutions.com/ePolicy/policy.aspx?PC=SHLT-000&amp;Sch=10399&amp;S=10399&amp;C=&amp;RevNo=1.02&amp;T=A&amp;Z=P&amp;St=ADOPTED&amp;PG=6&amp;SN=true</a>                      The N.C. SBE revised the Healthy Active Children (HAC) policy to incorporate local wellness policy (LWP) requirements, including designation of an LEA official for oversight of coordinated school health and implementation, evaluation, and reporting of the HAC policy and LWP.</p>	
<p><b>N.C. Department of Public Instruction (NCDPI), School Nutrition and Local Wellness Policy</b>  <a href="http://childnutrition.ncpublicschools.gov/">http://childnutrition.ncpublicschools.gov/</a>                      NCDPI, School Nutrition Services administers school nutrition programs at the state level and provides wellness policy training, technical assistance, monitoring and resources for local education agencies (LEAs)/school food authorities (SFAs).</p>	
<p><b>N.C. Healthy Schools</b>  <a href="http://www.nchealthyschools.org">www.nchealthyschools.org</a>                      N.C. Healthy Schools works to connect education and health and offer resources to enable schools and communities to implement the Whole School, Whole Community, Whole Child model for coordinated school health.</p>	