Local Wellness Policy Webinar Q&A September 1st and 7th

- 1. Will these slides be available anywhere to print out for education of individuals in the school setting? Yes, a PDF of the slides will be made available after the webinar.
- 2. Can you provide the webpage link for this wellness website? You can find the USDA Team Nutrition site: http://goo.gl/zTMDR5
- 3. Are there samples of a Local Wellness Policy you can provide?

USDA: Model and Sample Policy Language
Alliance: Alliance's Model Wellness Policy

CDC: Local School Wellness Policies Briefs and Resources

- 4. Are there any staff wellness trainings available? Yes, <u>Employee Wellness Trainings</u> can be found in the Alliance's Training Center.
- When will the new Alliance Model Wellness Policy come out, and when will USDA review it? The
 revised version of the <u>Alliance's Model Wellness Policy</u> has been reviewed by the USDA and the
 CDC and it is posted on the Alliance's Wellness Policy webpage.
- 6. Will schools be made aware of these wonderful resources that have been presented today? Resource links are provided in the webinar slides provided in the follow up email.
- 7. Do you have a "cheat sheet" that highlights the requirements for a District Wellness Policy, particularly with regard to the changes that go into effect June 2017? The USDA created a Summary of Final Rule that highlights the changes and requirements.
- 8. When I look on the Alliance website about the assessment, I can't see the actual questions asked. Is that somewhere I can look at it? I work at the state level and may want to use it for all the schools in our state. You can find the Alliance's Healthy Schools Program Framework of Best Practices here. In order to see the assessment questions and access the Assessment Guide, you must register for the Healthy Schools Program here.
- 9. Do you have Wellness Policy from correctional facilities? The Juvenile Justice facilities we're working with are using the Alliance's Model Policy and tweaking it to fit their needs.
- 10. What are some strategies recommended for promoting nutrition with snacks in vending machines?

CDC Response:

- Make sure they meet or exceed Smart Snacks in School standards
- Consider pricing strategies to promote healthiest options
- Consider doing taste tests to identify new healthier options that students will like.

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- 11. How are you incorporating the children with severe food allergies? CDC Response:
 - A district could certainly add a goal in the LWP related to food allergy management plans and practices.
 - We can share CDC's food allergy resources
 - Voluntary Guidelines for Managing Food Allergies In Schools and Early Care and Education Programs http://www.cdc.gov/healthyschools/foodallergies/index.htm
 - Food Allergies in Schools Tool Kit
 http://www.cdc.gov/healthyschools/foodallergies/toolkit.htm
- 12. For foods and beverages that are not sold in schools, does the LWP need to have the same nutritional regulations as Smart Snacks that are sold? If so, does that mean that all celebrations/parties in school would need to have only Smart Snack compliant options? USDA Response:
 - Only foods sold on the school campus, during the school day must meet the Smart Snacks standards and meal patterns. This includes fundraisers, but some States may have some exemptions. Food provided to students, but not sold, are not subject to the Smart Snacks standards. However, Districts are encouraged to use the Smart Snacks standards in their local school wellness policies as guidelines for foods not sold to students, such as in classroom celebrations, but this is not required by the final rule
- 13. Our fundraising event occurs during the school day. Businesses (including restaurants, selling non-compliant Smart Snacks items) would donate money to the school in exchange for a logo/business name on the t-shirts. The t-shirts are given to every child in exchange for participating. Is an acceptable activity or not within the Final Rule? USDA Response:
 - It is permissible to sell t-shirts representing businesses as long as their logos do not include images of specific foods that are not compliant with the Smart Snack standards. However, we encourage you to consider limiting the number of logos that represent establishments that sell unhealthy items as a way to promote a healthy school environment and consistent messaging.
- 14. Our school sells banners for a fundraiser. These banners are sold to area businesses for advertisement and then hung in the school gym or on the fencing around the ballfield. Some of the local business that purchase banners are local restaurants (not usually fast food as they don't spend the money on them, but could be if they so choose). Is this permissible? USDA Response:
 - It is permissible to sell and display banners from businesses as long as their banners do not include images of specific foods that are not compliant with the Smart Snack standards. However, we encourage you to consider limiting the number of banners you offer to establishments that sell unhealthy items as a way to promote a healthy school environment and consistent messaging.

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