

This is one of the oldest fruits. It is actually a flower turned inside out. It's the only fruit that ripens on the tree.

Only the seeds of
this fruit are eaten.

Or you can drink
the juice. Be careful
the juice can turn
your hands red.

This fruit looks like it has little horns on the outside. The flavor is a mix of bananas, lime and cucumber.

**Look in this pocket
to find fun activities!**

**Look in this pocket
to find smart cafeteria
foods with fruits!**

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