

Breakfast Lesson Plans  
 Standard Course of Study Objectives  
 Quick Reference

Lesson Plans	Healthful Living	Computer Technology Skills	English Language Arts	Information Skills	Mathematics	Science
Kindergarten						
Building Breakfast	4.05		3.02	1.01,1.04,1.05,5.01,5.02		
Grade 1						
Brave for Breakfast	4.01,4.02		1.01,2.01,2.07,3.04,4.05		4.01	
Grade 2						
Breakfast Builds Brains	4.05	1.03,2.01,2.04	1.03,2.01,2.04	1.01,5.01	1.02,2.02	
Grade 3						
Don't Forget Breakfast	4.04	3.05,4.02				
Grade 4						
Breakfast Choices to Benefit Me	4.04,4.06					4.03
Grade 5						
Making the Case for Breakfast	4.02		4.02,5.04			
Discovering Breakfast	4.01,4.03	2.15	4.03			
Grade 6						
Learning the Breakfast Label Lingo	4.01,4.02,4.08				1.07	
Grade 7						
Designing Breakfast	4.01,4.04		1.03			
Grade 8						
Breaking Breakfast Barriers	4.02,4.03,4.04		1.01,1.03,2.01,3.02	2.05,5.01,5.03		



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Lesson Plans	Healthful Living	Computer Technology Skills	English Language Arts	Information Skills	Science	Second Languages	Social Studies
Grades 9-12							
Ever-Changing Breakfast	4.07	2.05,4.05	English I 1.01,2.04,3.01 English II 2.02,3.01 English III 2.01,3.01,3.02 English IV 1.01,3.01,3.02				Sociology 9.02
Exploring Breakfast	4.02,4.03	2.01,2.02	English I 1.01,2.02,2.04,4.01 English II 1.01,1.02	3.01,3.02,3.04, 4.05,4.09		Level I and II 4.06, 5.06, 5.07,7.02 Level III 5.09,7.02 Level IV 5.09,7.02	
Studying Breakfast	4.01,4.08		English I 3.02,3.03 English II 3.01 English III 3.01,3.03 English IV 3.02	5.02,5.03	Biology 1.05,4.04		
Not Skipping Breakfast	4.04,4.08	2.01,2.02	English I 3.02,3.03 English III 3.01,3.02 English IV 3.01,3.02		Biology 4.04		Civics and Economics 7.02, 7.03,10.05

