Breakfast Survey for Principals

Please respond to the questions below by filling in the circles.
Please fill in like this: ● Not like this ○

Which of the following grade levels does your school have? Check all that apply.

- Pre-K
- Elementary
- Middle
- High
- Early College

Does your school offer the School Breakfast Program?

- Yes
- No

If yes, which of the following service options are or have been used at your school? Check all that apply.

0 = N/A or Have not used, 1 = This service option is or has been used at my school

<table>
<thead>
<tr>
<th>Service Description</th>
<th>0</th>
<th>1</th>
</tr>
</thead>
<tbody>
<tr>
<td>Traditional Breakfast (Breakfast is eaten in the cafeteria at the same time for all students or in shifts)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Grab N’ Go Breakfast (Hand-held breakfast items are served)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Satellite Service or Breakfast Kiosk (Breakfast serving line or mobile cart is set up in a high traffic area away from the cafeteria such as the school bus or carpool dropoff, parking lot, entrance, hallway, etc.)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Breakfast Break (Breakfast is served after first period or at a scheduled time later in the morning)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Second Chance Breakfast (In addition to breakfast before school, breakfast is served after first period or at a scheduled time later in the morning)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Breakfast in the Classroom (Breakfast is delivered to the classroom by Child Nutrition staff or students; students eat breakfast before school, during announcements, roll call or morning work)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Breakfast on the Bus (Breakfast is served and eaten on the bus)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Universal Breakfast (Breakfasts is offered at no charge to all students regardless of income)</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

If no, would you like your school to offer the School Breakfast Program?

- Yes
- No

Which of the following service options for the School Breakfast Program would you like to try implementing? Check all that apply.

- Traditional Breakfast
- Grab N’ Go Breakfast
- Satellite Service/Kiosk
- Breakfast Break
- Second Chance Breakfast
- Breakfast in the Classroom
- Universal Breakfast
- Breakfast on the Bus
- None of the above

If you were going to implement a new service option, what would you need to make it happen?

[Blank space]
What are the barriers to students participating in the School Breakfast Program?

- Students’ unwillingness or inability to arrive at school early
- Buses do not arrive on time
- Insufficient time provided for students to eat school breakfast
- Students are not hungry early in the morning
- Where breakfast is served (cafeteria) is too far away from the bus or carpool dropoff
- Other service options, i.e., Breakfast in the Classroom, are not allowed

If other, please explain. 

Should students eat breakfast every morning?

- Yes
- No

How does eating breakfast help your students?

- Gives students energy
- Helps students to wake up
- Improves attendance
- Decreases tardiness
- Helps students focus in class
- Improves test scores/grades
- Improves behavior
- Decreases disciplinary referrals
- Decreases visits to the school nurse’s office
- Improves health

If other, please explain.

Have you ever eaten school breakfast?

- Yes
- No

How many days of the week do you eat school breakfast?

- 0
- 1
- 2
- 3
- 4
- 5