

Breakfast Survey for Principals

Please respond to the questions below by filling in the circles.

Please fill in like this: ● Not like this ⊗

Which of the following grade levels does your school have? Check all that apply.

- Pre-K
 Middle
 Early College
 Elementary
 High

Does your school offer the School Breakfast Program?

- Yes
 No

If yes, which of the following service options are or have been used at your school? Check all that apply.

0 = N/A or Have not used, 1 = This service option is or has been used at my school

Traditional Breakfast (Breakfast is eaten in the cafeteria at the same time for all students or in shifts)	⓪	①
Grab N' Go Breakfast (Hand-held breakfast items are served)	⓪	①
Satellite Service or Breakfast Kiosk (Breakfast serving line or mobile cart is set up in a high traffic area away from the cafeteria such as the school bus or carpool dropoff, parking lot, entrance, hallway, etc.)	⓪	①
Breakfast Break (Breakfast is served after first period or at a scheduled time later in the morning)	⓪	①
Second Chance Breakfast (In addition to breakfast before school, breakfast is served after first period or at a scheduled time later in the morning)	⓪	①
Breakfast in the Classroom (Breakfast is delivered to the classroom by Child Nutrition staff or students; students eat breakfast before school, during announcements, roll call or morning work)	⓪	①
Breakfast on the Bus (Breakfast is served and eaten on the bus)	⓪	①
Universal Breakfast (Breakfasts is offered at no charge to all students regardless of income)	⓪	①

If no, would you like your school to offer the School Breakfast Program?

- Yes
 No

Which of the following service options for the School Breakfast Program would you like to try implementing? Check all that apply.

- Traditional Breakfast
 Breakfast Break
 Breakfast on the Bus
 Grab N' Go Breakfast
 Second Chance Breakfast
 Universal Breakfast
 Satellite Service/Kiosk
 Breakfast in the Classroom
 None of the above

If you were going to implement a new service option, what would you need to make it happen?

What are the barriers to students participating in the School Breakfast Program?

- Students' unwillingness or inability to arrive at school early
- Buses do not arrive on time
- Insufficient time provided for students to eat school breakfast
- Students are not hungry early in the morning
- Where breakfast is served (cafeteria) is too far away from the bus or carpool dropoff
- Other service options, i.e., Breakfast in the Classroom, are not allowed
- Belief that the School Breakfast Program is only for students who qualify for free and reduced price meals
- Families are unaware of the availability and/or benefits of the School Breakfast Program
- Other
- I do not believe that there are any barriers to students participating in the School Breakfast Program

If other, please explain.

Should students eat breakfast every morning?

- Yes
- No

How does eating breakfast help your students?

- Gives students energy
- Helps students to wake up
- Improves attendance
- Decreases tardiness
- Helps students focus in class
- Improves test scores/grades
- Improves behavior
- Decreases disciplinary referrals
- Decreases visits to the school nurse's office
- Improves health
- Provides food/nutrients students need
- Supports their health
- Other
- I do not think that breakfast has an effect on students

If other, please explain.

Have you ever eaten school breakfast?

- Yes
- No

How many days of the week do you eat school breakfast?

- 0
- 1
- 2
- 3
- 4
- 5